


## ORIGINAL GLAZED

### NUTRITIONAL INFORMATION

Serving Size: 52g Avg

Average Quantities	Per Serving	Per 100g	
Energy	838kJ 200cal	1611kJ 384cal	
Fat - Total	8.3g	15.9g	
- Saturated	3.9g	7.5g	
Carbohydrates	27.6g	53.1g	
- Sugars	12.6g	24.2g	
Fibre	1.2g	2.3g	
Protein	3.1g	6g	
Salt	0.24g	0.47g	

### INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt.

# ULTIMATE CHOCOLATE BROWNIE

## NUTRITIONAL INFORMATION

Serving Size: 94g Avg

Average Quantities	Per Serving	Per 100g
Energy	1718kJ 411cal	1828kJ 437cal
Fat - Total	22.1g	23.5g
- Saturated	11.4g	12.1g
Carbohydrates	46.2g	49.1g
- Sugars	22.3g	23.7g
Fibre	2.4g	2.5g
Protein	5.8g	6.13g
Salt	0.42g	0.45g



## INGREDIENTS

**DOUGHNUT:** Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan Monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**CHOCOLATE KREME FILLING:** Water, Sugar, Vegetable fat: Palm, Fat reduced cocoa powder; Sugar; Dextrose, Vegetable oil: Sunflower; Dried glucose syrup, Emulsifier: (Mono- and diglycerides of fatty acids), Sunflower lecithin, Modified starch, Salt.

**BELGIAN CHOCOLATE GANACHE:** Dark Chocolate: (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **Soya** Lecithin), Natural Vanilla Flavouring), Glucose Syrup, Sweetened Condensed Skimmed **Milk**, Palm Oil, Water, Emulsifier: Polysorbate 60, Acid: Tartaric Acid, Preservative: Potassium Sorbate.

**BELGIAN MILK CHOCOLATE SHAVINGS:** Sugar, Whole **Milk** Powder, Cocoa Butter, Skimmed **Milk** Powder, Cocoa Mass, Emulsifier: **Soya** Lecithin, Flavouring: Natural Vanilla.


**BRONZE SUGAR PEARLS:** Sugar, Glucose Syrup, Water, Glazing Agents: Shellac, Colour: Iron Oxides, Vegetable Oil, Glazing Agent: Beeswax.

**CHOCOLATE FUDGE CUBES:** Sugar, Sweetened Condensed **Milk**, Glucose Syrup, Palm Oil, Butter (**Milk**), Cocoa Powder 4%, Humectant: Glycerine, Emulsifier: Glycerol Monostearate, Salt.

# ULTIMATE SALTED CARAMEL

## NUTRITIONAL INFORMATION

Serving Size: 97g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1799kJ 430cal	1855kJ 443cal	
Fat - Total	22.0g	22.7g	
- Saturated	10.4g	10.68g	
Carbohydrates	52.5g	54.1g	
- Sugars	27.3g	28.1g	
Fibre	1.5g	1.5g	
Protein	4.8g	4.9g	
Salt	0.52g	0.54g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan Monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**SALTED CARAMEL FILLING CONTAINS:** Sugar, Glucose syrup, Sweetened Condensed **Milk**, Water, **Butter (Milk)**, Salt, Colour, Caramelised Sugar Syrup, Emulsifiers: (Mono and Diglycerides of Fatty Acids, **Soya** Lecithin), Preservative: Potassium Sorbate, Natural Flavouring, Stabiliser: Agar.

**CHOCOLATE ICING:** Sugar, Vegetable Oil, Glucose Syrup, Water, Ghirardelli Cocoa Powder, Emulsifiers: (Monoglycerides of Fatty Acids and **Soya** Lecithin), Salt, Preservative: Potassium Sorbate, Natural Flavourings

**GHIRARDELLI CHOCOLATE DROPS CONTAIN:** Semi-Sweet Chocolate, (Sugar, Unsweetened Chocolate, Cocoa Butter, **Milk** Fat, Emulsifier: **Soya** Lecithin, Vanilla Flavour

**SALTED CARAMEL SUGAR CONTAINS:** Sugar, glucose syrup, salt, natural flavour.


**CARAMEL DRIZZLE CONTAINS:** Sugar, Glucose syrup, Sweetened Condensed **Milk**, Water, **Butter (Milk)**, Salt, Colour, Caramelised Sugar Syrup, Emulsifiers: (Mono and Diglycerides of Fatty Acids, **Soya** Lecithin), Preservative: Potassium Sorbate, Natural Flavouring, Stabiliser: Agar.

**CHOCOLATE DRIZZLE CONTAINS:** Sugar, Vegetable Oil, Glucose Syrup, Water, Ghirardelli Cocoa Powder, Emulsifiers: (Monoglycerides of Fatty Acids and **Soya** Lecithin), Salt, Preservative: Potassium Sorbate, Natural Flavourings

# WINTER WONDERLAND

## NUTRITIONAL INFORMATION

Serving Size: 91g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1500kJ 359cal	1648kJ 394cal	
Fat - Total	17.8g	19.6g	
- Saturated	10.1g	11.1g	
Carbohydrates	43.7g	48g	
- Sugars	18.6g	20.4g	
Fibre	1.5g	1.7g	
Protein	5.0g	5.5g	
Salt	0.48g	0.53g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**CHOCOLATE FLAVOUR FILLING:** Water, Sugar, Vegetable fat: Palm, Fat reduced cocoa powder; Sugar; Dextrose, Vegetable oil: Sunflower; Dried glucose syrup, Emulsifier: (Mono- and diglycerides of fatty acids), Sunflower lecithin, Modified starch, Salt.

**WHITE CHOCOLATE FLAVOUR COATING:** Sugar, Palm Oil, **Whey** Powder (**Milk**), Emulsifier: **Soya** Lecithin.


**COCONUT AND MAGIC SPARKLES TOPPING:** Desiccated Coconut (99%), Preservative: Sulphur Dioxide, Maltodextrin & Natural Food Colourings

**SUGAR PLAQUE:** Sugar, Glucose Syrup, Non-Hydrogenated Palm Oil, Added Water, Stabiliser: Xanthan Gum, Humectant: Glycerine, Fondant Icing Sugar (Sugar, Glucose Syrup), Emulsifiers: Sunflower Lecithin, **Soya** Lecithin, Sprirulina Extract, Maize Starch, Colouring: Anthocyanins.

# CHOCOLATE CUSTARD

## NUTRITIONAL INFORMATION

Serving Size: 88g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1213kJ 289cal	1378kJ 328cal	
Fat - Total	11.1g	12.6g	
- Saturated	4.9g	5.6g	
Carbohydrates	41.1g	46.7g	
- Sugars	19.3g	21.9g	
Fibre	2.3g	2.6g	
Protein	5.0g	5.7g	
Salt	0.43g	0.49g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.


**CUSTARD FILLING:** Water, Sugar, Modified Waxy Maize Starch, Palm Oil, Natural Flavouring (0.20%), Salt, Acidity Regulator:(Glucono-Delta-Lactone), Emulsifiers: (Polyoxyethylene (20) Sorbitan Monostearate), Preservative: (Potassium Sorbate), Exhausted Vanilla Beans (0.08%), Thickener: (Locust Bean Gum), Colours: (Titanium Dioxide, Lutein, Paprika)

**CHOCOLATE ICING:** Sugar, Water, Dried glucose syrup; Fat reduced cocoa powder; Vegetable oil: (Rapeseed oil) Shortening: (Palm, Rapeseed oil, Emulsifier: Mono- and diglycerides of fatty acids), Vegetable fat: (Palm), Cocoa powder; Emulsifier: **Soya** lecithin, Salt, Flavouring.

# LOTUS WHITE CHOCOLATE AND RASPBERRY

## NUTRITIONAL INFORMATION

Serving Size: 92g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1684kJ 403cal	1830 kJ 438cal	
Fat - Total	19.4g	21.1g	
- Saturated	10.5g	11.4g	
Carbohydrates	52.3g	56.8g	
- Sugars	25.4g	27.6g	
Fibre	0.8g	0.9g	
Protein	4.2g	4.6g	
Salt	0.51g	0.55g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan Monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**RASPBERRY FILLING CONTAINS:** Glucose Syrup, Water, Sugar Syrup, Acidity Regulators (Citric Acid, Trisodium Citrate), Gelling Agent (Pectin), Raspberry Puree Concentrate, Colouring Food (Concentrates of Hibiscus & Carrot), Preservative (Potassium Sorbate), Flavouring, Colour (Paprika), Sequestrant (Calcium Chloride)

**LOTUS KREME FILLING CONTAINS:** Sugar, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings. **Wheat** Flour, Sugar, Vegetable Oils: (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent: Sodium Hydrogen Carbonate, **Soya** Flour, Salt, Cinnamon.

**WHITE COATING:** Sugar, Palm Oil, **Whey** Powder (**Milk**), Emulsifier: **Soya** Lecithin.


**WHITE SHAVINGS CONTAINS:** Sugar, Cocoa Butter, Full Cream **Milk** Powder, **Whey** Powder (**Milk**), Vegetable Oils (Palm, Sal, Shea and Mango Kernels), Emulsifier: **Soya** Lecithin, Vanilla Flavour  
Lotus Caramelised Biscuit Contains: **Wheat** Flour, Sugar, Vegetable Oils: (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent: Sodium Hydrogen Carbonate, **Soya** Flour, Salt, Cinnamon.

**FREEZE DRIED RASPBERRIES:** Raspberries

# CHOCOLATE DREAMCAKE

## NUTRITIONAL INFORMATION

Serving Size: 92g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1470kJ 351cal	1598kJ 381cal	
Fat - Total	14.6g	15.9g	
- Saturated	6.5g	7.1g	
Carbohydrates	47.7g	51.9g	
- Sugars	25.9g	28.2g	
Fibre	3.1g	3.4g	
Protein	5.4g	5.9g	
Salt	0.40g	0.43g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**CHOCOLATE FLAVOUR FILLING:** Water, Sugar, Vegetable fat: Palm, Fat reduced cocoa powder; Sugar; Dextrose, Vegetable oil: Sunflower; Dried glucose syrup, Emulsifier: (Mono- and diglycerides of fatty acids), Sunflower lecithin, Modified starch, Salt.

**CHOCOLATE ICING:** Sugar, Water, Dried glucose syrup; Fat reduced cocoa powder; Vegetable oil: (Rapeseed oil) Shortening: (Palm, Rapeseed oil, Emulsifier: Mono - and diglycerides of fatty acids ), Vegetable fat: (Palm), Cocoa powder; Emulsifier: **Soya** lecithin, Salt, Flavouring.

**CHOCOLATE DECORATION:** Sugar, Cocoa Mass, Cocoa **Butter**, Emulsifier: **Soya** Lecithin, Natural Flavouring

**WHITE CHOCOLATE DRIZZLE:** Sugar, Cocoa **Butter**, Whole **Milk** Powder, Emulsifier: **Soya** Lecithin, Natural Vanilla Flavouring

# STRAWBERRIES & KREME

## NUTRITIONAL INFORMATION

Serving Size: 91g Avg

Average Quantities	Per Serving	Per 100g
Energy	1370kJ 326cal	1512kJ 360cal
Fat - Total	13.4g	14.8g
- Saturated	5.9g	6.5g
Carbohydrates	45.1g	49.8g
- Sugars	22g	24.3g
Fibre	2.5g	2.8g
Protein	5.1g	5.6g
Salt	0.42g	0.47g



## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**STRAWBERRY GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt, Strawberry, Glucose-Fructose Syrup, Beetroot Juice Concentrate, Modified Starch: Acetylated di-starch adipate, Antioxidant: Ascorbic acid, Colourings: Beetroot, Paprika.

**STRAWBERRY FILLING:** Water, Glucose Syrup, Sugar, Strawberries (8%), Modified Waxy Maize Starch (E1422), Strawberry Puree (4.7%), Acidity Regulators: (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring With Other Natural Flavourings, Natural Colour: (Fruit & Vegetable Extract (Elderberry, Red Radish), Fruit & Vegetable Concentrate: (Hibiscus, Carrot)), Preservative: (Potassium Sorbate), Thickeners: (Xanthan Gum, Locust Bean Gum), Salt

**KREME:** Sugar, Water, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings.

**BISCUIT CRUMB:** **Wheat**flour; Sugar; Margarine (Vegetable oil/fat blend, water, salt, citric acid); Natural flavouring; Salt

**STRAWBERRY PIECES**



# NUTTY CHOCOLATTA

## NUTRITIONAL INFORMATION

Serving Size: 87g Avg

Average Quantities	Per Serving	Per 100g
Energy	1584kJ 379cal	1821kJ 436cal
Fat - Total	21g	24.1g
- Saturated	9.6g	11g
Carbohydrates	40.8g	46.9g
- Sugars	16.4g	18.9g
Fibre	1.9g	2.2g
Protein	5.8g	6.7g
Salt	0.36g	0.41g



## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**HAZELNUT CHOCOLATE SPREAD FILLING:** Sugar, Vegetable Fats (Palm), Hazel**Nuts** (13 %), Fat Reduced Cocoa (7,4 %), Skimmed **Milk** Powder (6,6 %), **Whey** Powder (**Milk**), Emulsifier: **Soya** Lecithin, Vanillin.

**CHOCOLATE FLAVOUR COATING:** Sugar, Palm Oil, **Whey** Powder (**Milk**), Fat Reduced Cocoa Powder, Emulsifier: **Soya** Lecithin, Natural Flavouring


**CARAMELISED HAZELNUTS:** Sugar, **Hazelnuts**.

**WHITE CHOCOLATE FLAVOUR LINES:** Sugar, Palm Oil, **Whey** Powder (**Milk**), Emulsifier: **Soya** Lecithin

# GLAZED RASPBERRY

## NUTRITIONAL INFORMATION

Serving Size: 89g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1357kJ 324cal	1525kJ 364cal	
Fat - Total	13.9g	15.6g	
- Saturated	6.6g	7.4g	
Carbohydrates	43.4g	48.8g	
- Sugars	19.9g	22.4g	
Fibre	2g	2.2g	
Protein	5.3g	5.9g	
Salt	0.41g	0.46g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.


**GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt.

**RASPBERRY FILLING:** Glucose Syrup, Water, Sugar Syrup, Acidity Regulators (Citric Acid, Trisodium Citrate), Gelling Agent (Pectin), Raspberry Puree Concentrate, Colouring Food (Concentrates of Hibiscus & Carrot), Preservative (Potassium Sorbate), Flavouring, Colour (Paprika), Sequestrant (Calcium Chloride)

# CHOCOLATE ICED

## NUTRITIONAL INFORMATION

Serving Size:62g Avg

Average Quantities	Per Serving	Per 100g	
Energy	997kJ 237cal	1608kJ 383cal	
Fat - Total	9.1g	14.6g	
- Saturated	4.2g	6.7g	
Carbohydrates	34.8g	56.1g	
- Sugars	21.5g	34.6g	
Fibre	1.9g	3g	
Protein	3.3g	5.3g	
Salt	0.26g	0.42g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.


**GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt.

**CHOCOLATE ICING:** Sugar, Water, Dried glucose syrup; Fat reduced cocoa powder; Vegetable oil: (Rapeseed oil) Shortening: (Palm, Rapeseed oil, Emulsifier: Mono - and diglycerides of fatty acids ), Vegetable fat: (Palm), Cocoa powder; Emulsifier: **Soya** lecithin, Salt, Flavouring.

# STRAWBERRY GLOSS

## NUTRITIONAL INFORMATION

Serving Size: 64g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1023kJ 244cal	1599kJ 382cal	
Fat - Total	10.8g	16.8g	
- Saturated	5.2g	8.1g	
Carbohydrates	31.9g	49.8g	
- Sugars	19.6g	30.7g	
Fibre	1.8g	2.8g	
Protein	4.1g	6.4g	
Salt	0.31g	0.48g	

## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.


**GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt.

**STRAWBERRY GLOSS:** Glucose Fructose Syrup, Water, Gelling Agents (Pectin, Sodium Alginate, Carrageenan, Xanthan Gum), Colour: Titanium Oxide, Acid: Citric Acid, Acidity Regulators: (Trisodium Citrate, Tricalcium Phosphate), Preservative: Potassium Sorbate, Sugar, Strawberry, Glucose-Fructose Syrup, Beetroot Juice Concentrate, Modified Starch: Acetylated Distarch Adipate, Antioxidant: Ascorbic Acid, Colourings:(Beetroot, Paprika)

# APPLE PIE

## NUTRITIONAL INFORMATION

Serving Size: 76g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1242kJ 296cal	1630kJ 389cal	
Fat - Total	16.8g	22g	
- Saturated	8.4g	11g	
Carbohydrates	31.2g	41g	
- Sugars	9.9g	13g	
Fibre	1.4g	1.9g	
Protein	4.6g	6g	
Salt	0.53g	0.70g	

## INGREDIENTS

**DOUGHNUT:** **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.


**APPLE FILLING:** Water, Glucose Syrup, Sugar Syrup, Apple, Modified Waxy Maize Starch, Dehydrated Apple, Acidity Regulators (Citric Acid, Trisodium Citrate), Spices (Cinnamon, Nutmeg), Flavouring, Preservative (Potassium Sorbate), Salt, Colour (Paprika)

**CINNAMON DUSTING:** Dextrose Monohydrate, Modified Maize Starch, Cinnamon, Vegetable Oil: (Rapeseed and Palm), Preservative; Calcium Propionate, Salt.

# LEMON MERINGUE

## NUTRITIONAL INFORMATION

Serving Size: 84g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1445kJ 346cal	1720kJ 410cal	
Fat - Total	20.2g	24g	
- Saturated	10.1g	12g	
Carbohydrates	33.6g	40g	
- Sugars	16g	19g	
Fibre	1.5g	1.8g	
Protein	6.7g	8g	
Salt	0.39g	0.46g	

## INGREDIENTS

**DOUGHNUT:** **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**MERINGUE TOPPING:** Water, Sugar, Dried **Egg** Albumen, Modified Potato Starch, Acidity Regulator (Citric Acid)

**LEMON FILLING:** Lemon Filling (22.5%): Water, Sugar, Glucose Syrup, Lemon (4%), Modified Waxy Maize Starch, Lemon Juice Concentrate (4%), Palm Oil, Acidity Regulators: Trisodium Citrate, Citric Acid, Emulsifier: Sorbitan Monostearate Flavouring, Agar, Preservative: Potassium Sorbate, Salt, Natural Colours.

**KREME:** Sugar, Water, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings.

# REESE'S PEANUT BUTTER

## NUTRITIONAL INFORMATION

Serving Size: 93g Avg

Average Quantities	Per Serving	Per 100g
Energy	1574kJ 377cal	1693kJ 405cal
Fat - Total	21.3g	22.9g
- Saturated	7.4g	8g
Carbohydrates	37.4g	40.2g
- Sugars	15.9g	17.1g
Fibre	2.4g	2.6g
Protein	7.7g	8.3g
Salt	0.50g	0.54g



## INGREDIENTS

**DOUGHNUT:** **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**PEANUT BUTTER FILLING:** **Peanuts**; Peanut Oil; Sugar\*; Salt; Hydrogenated Vegetable Oil (Rapeseed, Cottonseed And **Soybean**\* Oil); Cornstarch\*.

\*Produced From Genetically Modified Sugar Beets, **Soya** Beans And Corn.

**CHOCOLATE ICING:** Sugar, Water, Dried glucose syrup; Fat reduced cocoa powder; Vegetable oil: (Rapeseed oil) Shortening: (Palm, Rapeseed oil, Emulsifier: Mono - and diglycerides of fatty acids ), Vegetable fat: (Palm), Cocoa powder; Emulsifier: **Soya** lecithin, Salt, Flavouring.

**PEANUT BUTTER CHIPS:** Partially Defatted **Peanuts**; Sugar\*; Partially Hydrogenated Vegetable Oil(Palm Kernel And **Soybean** Oil\*); Corn Syrup Solids\*; Dextrose\*; Reduced Minerals **Whey** Powder (**Milk**); Salt; Vanillin, Artificial Flavour; Emulsifier, Emulsifier: **Soya** Lecithin\*

\*Produced From Genetically Modified Sugar Beets, Corn, And **Soya** Beans.

**CARAMELISED HAZELNUTS:** Sugar, **Hazelnuts**.

Dark Chocolate Lines Contain: Sugar, Vegetable Oil (Palm, Rapeseed), Glucose Syrup, Water, Fat Reduced Cocoa Powder (5.5%), Emulsifiers: Mono- and diglycerides of Fatty Acids, **Soya** Lecithin, Salt, Preservative: Potassium Sorbate, Flavouring.

# CHOCOLATE SPRINKLES

## NUTRITIONAL INFORMATION

Serving Size: 67g Avg

Average Quantities	Per Serving	Per 100g
Energy	1100kJ 262cal	1642kJ 391cal
Fat - Total	9.9g	14.8g
- Saturated	4.6g	6.9g
Carbohydrates	39.3g	58.6g
- Sugars	23.2g	34.7g
Fibre	1.3g	1.9g
Protein	3.3g	4.9g
Salt	0.26g	0.39g



## INGREDIENTS

**DOUGHNUT:** Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**GLAZE:** Sugar, Water, Calcium Sulphate, Agar, Dextrose, Locust Bean Gum, Disodium Phosphate, Flavouring; (Vanilla), Salt.

**CHOCOLATE ICING:** Sugar, Water, Dried glucose syrup; Fat reduced cocoa powder; Vegetable oil: (Rapeseed oil) Shortening: (Palm, Rapeseed oil, Emulsifier: Mono - and diglycerides of fatty acids ), Vegetable fat: (Palm), Cocoa powder; Emulsifier: **Soya** lecithin, Salt, Flavouring.

**SPRINKLES:** Sugar, water, glucose syrup, glazing agents : (vegetable oil, beeswax) , colourants: (Curcumin, Capsicum, Beetroot Extract, Anthocyanins)



# HERSHEY'S COOKIE AND CREME SHELL DOUGHNUT

## NUTRITIONAL INFORMATION

Serving Size: 96g Avg

Average Quantities	Per Serving	Per 100g
Energy	1544kJ 368cal	1608kJ 383cal
Fat - Total	14.0g	14.6g
- Saturated	6.4g	6.7g
Carbohydrates	53.9g	56.1g
- Sugars	32.2g	34.6g
Fibre	2.9g	3.0g
Protein	5.1g	5.3g
Salt	0.40g	0.42g



## INGREDIENTS

**DOUGHNUT:** **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxy Methyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

**COOKIES AND CREME KREME FILLING:** Sugar, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings. White Chocolate Flavoured Candy (85%) [Sugar\*; Vegetable Oil (Palm, Palm Kernel, Shea, Sunflower and/or Safflower Oil); Skimmed **Milk** Powder; Corn Syrup Solids\*; Lactose (**Milk**); Emulsifiers: **Soya** Lecithin\*, E476; Flavouring; Antioxidant: E307]; Cookies (15%) [Enriched **Wheat** (Gluten) Flour (Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid); Sugar\*; Reduced Fat Cocoa; Whey Powder (**Milk**); Cocoa Mass; High Fructose Corn Syrup\*; Raising Agent: Sodium Bicarbonate; Salt; Emulsifier: **Soya** Lecithin\*; Flavourings].

\*Produced from genetically modified sugar beet, corn and **soya** beans.

**WHITE CHOCOLATE FLAVOUR COATING:** White Chocolate Flavour Coating Contain: Sugar, Palm Oil, Whey Powder (**Milk**), Emulsifier: **Soya** Lecithin.

**COOKIES AND CREME TOPPING:** White Chocolate Flavoured Candy (85%) [Sugar\*; Vegetable Oil (Palm, Palm Kernel, Shea, Sunflower and/or Safflower Oil); Skimmed **Milk** Powder; Corn Syrup Solids\*; Lactose (**Milk**); Emulsifiers: **Soya** Lecithin\*, E476; Flavouring; Antioxidant: E307]; Cookies (15%) [Enriched **Wheat** (Gluten) Flour (Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid); Sugar\*; Reduced Fat Cocoa; Whey Powder (**Milk**); Cocoa Mass; High Fructose Corn Syrup\*; Raising Agent: Sodium Bicarbonate; Salt; Emulsifier: **Soya** Lecithin\*; Flavourings].

**DARK CHOCOLATE DRIZZLE CONTAINS:** Sugar, Vegetable Oil (Palm, Rapeseed), Glucose Syrup, Water, Fat Reduced Cocoa Powder (5.5%), Emulsifier(Mono- and Diglycerides of Fatty Acids, **Soya** Lecithin), Salt, Preservative: Potassium Sorbate, Flavouring.