

RED BERRY DRIZZLE DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 130g Avg

Average Quantities	Per Serving	Per 100g
Energy	1966kJ 468cal	1512kJ 360cal
Fat - Total	19.2g	14.8g
- Saturated	8.5g	6.5g
Carbohydrates	64.7g	49.8g
- Sugars	31.6g	24.3g
Fibre	3.6g	2.8g
Protein	7.3g	5.6g
Salt	0.6g	0.47g



INGREDIENTS

DOUGHNUT: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan Monostearate, Raising Agents: Mono Calcium Phosphate, Diacalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

RASPBERRY FILLING: Sugar, Raspberry (30%), Water, Glucose-Fructose Syrup, Modified Starch, Acid: Citric Acid, Gelling Agent: Pectin, Thickener: Cellulose, Natural Flavouring, Colour: Anthocyanins, Preservative: Potassium Sorbate.

WAFER CHOCOLATE BASE: White Chocolate 40.0% (Sugar 58.5%; Cocoa Butter 20.0%; Whole **Milk** Powder 20.0%; Emulsifier: **Soya** Lecithin 1.5%; Natural Vanilla Flavouring <1%) ; Fine Crumbled Biscuit With **Butter** (**Wheat** Flour, Sugar, **Butter** Concentrate (**Milk**) (8.13%), **Milk** Sugar, **Milk** Proteins, Salt, Malt Extract (Barley), Raising Agent: E500ii) 20.0%; Vegetable Fat (Sunflower) 17.5%; Skimmed **Milk** Powder 16.0%; **Whey** Powder (**Milk**) 6.5% .

CREAM CHEESE FROSTING: Sugar, Vegetable Oil, Water, Humectant: Glycerol, Cream **Cheese** Powder (5%), Skimmer **Milk** Powder, Modified Starch, Emulsifiers: (Polysorbate 60, Mono-and Diglycerides of Fatty Acids), Flavouring: **Milk**, Preservative: Potassium Sorbate, Acidity Regulator: Disodium Phosphate, Natural Colour: Lutein.

BISCUIT PIECES: **Wheat** flour, Sugar, **Butter** (**Milk**), **Wheat** Starch, **Milk**, **Eggs**, Baking Powders: (Sodium Bicarbonate, Ammonium Carbonate), Flavourings, Salt,

STRAWBERRIES

RED FRUIT DRIZZLE: Glucose Syrup 29.0%; Sugar 29.0%; Redcurrants 15.0%; Water 13.5%; Raspberry Paste 12.0%; Acid: Citric Acid <1%; Stabiliser: E440i <1%; Flavouring <1%; Concentrated Black Chokeberry Juice <1%; Preservative: Potassium Sorbate <1%; Stabiliser: E450 <1%; Acidity Regulator: Trisodium Citrate <1%.

THE SELFRIDGES DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 124g Avg

Average Quantities	Per Serving	Per 100g
Energy	1936kJ 461cal	1561kJ 372cal
Fat - Total	19.7g	15.9g
- Saturated	10.7g	8.6g
Carbohydrates	62.7g	50.6g
- Sugars	22.4g	18.1g
Fibre	2.7g	2.2g
Protein	6.9g	5.6g
Salt	0.55g	0.45g



INGREDIENTS

DOUGHNUT: **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

CHOCOLATE FROSTING FILLING: Sugar, Vegetable Oil, Water, Fat Reduced Cocoa (4%), Humectant: Glycerol, Skimmer **Milk** Powder, Emulsifiers: (Polysorbate 60, Mono-and Diglycerides of Fatty Acids), Flavouring, Preservative: Potassium Sorbate, Acidity Regulator: Disodium Phosphate.

GOLD SPECKLED GANACHE COATING: Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **Soya** Lecithin, Natural Vanilla Flavouring, Glucose Syrup, Sweetened Condensed Skimmed **Milk**, Palm Oil, Water, Emulsifier: Polysorbate 60 Acid: Tartaric Acid, Preservative: Potassium Sorbate, Yellow Iron Oxide, Titanium Dioxide.


GOLD CHOCOLATE STARS: Cocoa Mass 43.5%; Sugar 43.5%; Cocoa Butter 12.5%; Emulsifier: **Soya** Lecithin <1%; Natural Vanilla Flavouring <1%, Yellow Iron Oxide, Titanium Dioxide.

SELFRIDGES PLAQUE: Sugar, Glucose Syrup, Water, Palm Oil, invert Sugar Syrup, Emulsifiers: (Gum Arabic, Mono-and Diglycerides of Fatty Acids), Stabiliser: Xanthan Gum, Humectant: Glycerol, Colours: (Curcumin, Vegetable Carbon)

SALTED CARAMEL & HONEYCOMB DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 88g Avg

Average Quantities	Per Serving	Per 100g	
Energy	1574kJ 377cal	1789kJ 428cal	
Fat - Total	20.0g	22.7g	
- Saturated	7.6g	8.6g	
Carbohydrates	43.1g	49.0g	
- Sugars	21.4g	24.0g	
Fibre	2.1g	2.4g	
Protein	5.0g	5.7g	
Salt	0.46g	0.53g	

INGREDIENTS

DOUGHNUT: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

SALTED CARAMEL FILLING: Sugar, Glucose syrup, Sweetened Condensed **Milk**, Water, **Butter (Milk)**, Salt, Colour, Caramelised Sugar Syrup, Emulsifiers: Mono and Diglycerides of Fatty Acids, **Soya** Lecithin, Preservative: Potassium Sorbate, Natural Flavouring, Stabilise: Agar.

CARAMEL GLAZE: Water, Sugar, Glucose Syrup, Gelling Agent: Pectin, Acid: Citric Acid, Antioxidant: Sodium **Metabisulphite**, Burnt Sugar Syrup, Water, Stabiliser: Carboxymethyl cellulose, Preservative: Potassium Sorbate, Salt.

CINDER HONEYCOMB PIECE: Cinder Honeycomb: Sugar, Glucose Syrup, Raising Agent, Rice Flour.

SALTED CARAMEL SHARDS: Sugar, Glucose Syrup, Sweetened Condensed **Milk**, Salted **Butter (Milk)**, Water.

WHITE CHOCOLATE DRIZZLE: Sugar, Cocoa Butter, Whole **Milk** Powder, Emulsifier: **Soya** Lecithin, Natural Vanilla Flavouring

STRAWBERRY BISCUIT BITE DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 124g Avg

Average Quantities	Per Serving	Per 100g
Energy	2218kJ 529cal	1760kJ 420cal
Fat - Total	28.1g	22.3g
- Saturated	14.2g	11.3g
Carbohydrates	60.7g	48.2g
- Sugars	24.2g	19.2g
Fibre	1.9g	1.5g
Protein	6.3g	5.0g
Salt	0.66g	0.53g



INGREDIENTS

DOUGHNUT: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

LOTUS KREME FILLING: Water, Fully Hydrated Vegetable Oil, Dextrose, Sugar, Humectant: Glycerol, **Milk** Protein, Emulsifiers: (Polysorbate 60, Mono-and Diglycerides of Fatty Acid, **Soya** Lecithin), Stabilisers: (Cellulose, Carboxymethyl Cellulose, Methyl Cellulose, Hydroxypropyl, Methyl Cellulose.) Acidity Regulators: (Tri Sodium Citrate, Disodium Phosphate), Salt, Flavouring, Natural Colouring: (Beta Carotene), **Wheat** Flour, Sugar, Vegetable Oils: (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent: Sodium Hydrogen Carbonate, **Soya** Flour, Salt, Cinnamon.

STRAWBERRY FROSTING: Sugar, Vegetable Oil, Water, Humectant: Glycerol, Skimmed **Milk** Powder, Flavouring, Emulsifiers: Polysorbate 60, Preservative: Potassium Sorbate, Acidity Regulator: Disodium Phosphate, Sugar, Strawberry, Glucose-Fructose Syrup, Beetroot Juice Concentrate, Modified Starch: Acetylated Distarch Adipate, Antioxidant: Ascorbic Acid, Colourings:(Beetroot, Paprika)

LOTUS BISCUIT PIECE: **Wheat** Flour, Sugar, Vegetable Oils: (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent: Sodium Hydrogen Carbonate, **Soya** Flour, Salt, Cinnamon.

BELGIAN WHITE CHOCOLATE SHAVINGS: Sugar 50.5%, Whole **Milk** Powder 25.5%, Cocoa Butter 23.5%, Emulsifier: **Soya** Lecithin

STRAWBERRIES.

MAGIC UNICORN DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 119g Avg

Average Quantities	Per Serving	Per 100g
Energy	2094kJ 501cal	1760kJ 421cal
Fat - Total	26.5g	22.3g
- Saturated	9.6g	8.1g
Carbohydrates	56.3g	47.3g
- Sugars	19.4g	16.3g
Fibre	3.0g	2.5g
Protein	7.7g	6.5g
Salt	0.66g	0.53g



INGREDIENTS

DOUGHNUT: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

COLOURED KREME FILLING: Sugar, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings. Natural Colours (Beetroot, Paparika, Spirulina)

COLOURED ICING: Glucose Syrup, Water, Vegetable Oil: (Palm, Rapeseed), Emulsifiers: (Mono and Diglycerides of Fatty Acids (Palm), Sodium Stearoyl-2-Lactylate (Palm Kernel)), Salt, Stabiliser: Agar, Preservative: Potassium Sorbate, Colour: Titanium Dioxide, Natural Flavouring Substances, Natural Colours (Beetroot, Paparika, Spirulina)

UNICORN SWIRL: Sugar, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings. Natural Colours (Beetroot, Paparika, Spirulina)

COLOURFUL DUSTING: Gum Arabic, Preservative: Potassium Sorbate, Colours: (Azorubine, Brilliant Blue, Titanium Dioxide)

POPPING CHAMPAGNE DOUGHNUT

NUTRITIONAL INFORMATION

Serving Size: 108g Avg

Average Quantities	Per Serving	Per 100g
Energy	1769kJ 421cal	1638kJ 390cal
Fat - Total	17.4g	16.1g
- Saturated	8.2g	7.6g
Carbohydrates	58.9g	54.5g
- Sugars	30.0g	27.8g
Fibre	2.3g	2.1g
Protein	6.3g	5.8g
Salt	0.43g	0.4g



INGREDIENTS

DOUGHNUT: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water , Dextrose, Palm Oil, Yeast, Salt, **Wheat** Gluten, Emulsifier: Mono- and diglycerides, Sorbitan monostearate, Raising Agents: Mono Calcium Phosphate, Dicalcium Phosphate, Sugar, Dried **Egg** Yolk Powder, Skimmed **Milk** Powder, Preservative: Calcium Propionate, Stabiliser: Carboxymethyl Cellulose, Firming Agent: Calcium Sulphate, Flavouring, Acidity Regulator: Ammonium Sulphate, Diammonium Phosphate, Flour Treatment Agent: Ascorbic Acid, Enzyme: Amylase, Anticaking Agent: Tricalcium Phosphate.

CHAMPAGNE CHOCOLATE FILLING: White Chocolate 59.0% (Sugar 48.0%; Cocoa Butter 27.0%; Whole **Milk** Powder 24.5%; Emulsifier: **Soya** Lecithin <1%; Natural Vanilla Flavouring <1%) ; Cream (**Milk**) 19.0%; Marc De Champagne 8.5%; Sugar 6.5%; **Whey** Concentrate (**Milk**) 6.0%; **Milk** Proteins <1%

BELGIAN WHITE CHOCOLATE COATING: Sugar, Cocoa Butter, Whole **Milk** Powder, Emulsifier: **Soya** Lecithin, Natural Vanilla Flavouring

CHAMPAGNE KREME DECORATION: Sugar, Shortening: (Vegetable Fat :Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Monoglycerides of Fatty Acids.), Dried Glucose Syrup, Vegetable Fat: Palm, Vegetable Oil: Rapeseed Oil, Emulsifier: Polysorbate 60, Mono and diglycerides of fatty acids, **Soya** Lecithins, Propane-1,2-diol esters of fatty acids, Cornflour, Propylene Glycol, Polysorbate 80, Glycerine, Caramel, Natural Flavourings. White Chocolate 59.0% (Sugar 48.0%; Cocoa Butter 27.0%; Whole **Milk** Powder 24.5%; Emulsifier: **Soya** Lecithin <1%; Natural Vanilla Flavouring <1%) ; Cream (**Milk**) 19.0%; Marc De Champagne 8.5%; Sugar 6.5%; **Whey** Concentrate (**Milk**) 6.0%; **Milk** Proteins <1%

BELGIAN WHITE CHOCOLATE SHAVINGS: Sugar 50.5%, Whole **Milk** Powder 25.5%, Cocoa Butter 23.5%, Emulsifier: **Soya** Lecithin

CHAMPAGNE PLAQUE: Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **Soya** Lecithin, Vanilla Flavouring, Vegetable Fat (Palm, Shea), Carrier: Potassium Aluminium Silicate, Colours (Titanium Dioxide, Iron Oxide), Glucose Syrup.

POPPING CANDY: Sugar, Glucose, Cocoa Butter, Carbon Dioxide.

GOLD SUGAR: Sugar, Glazing Agent: Shellac, Colours: (Silver, Iron Oxide)