



**ALLERGEN
& NUTRITIONAL**
Information

We make our doughnuts fresh daily using many ingredients and shared equipment. Whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya nuts, and peanuts).

There are 14 major allergens which need to be declared when used as ingredients. We provide information on the allergens we handle in this guide which are: nuts, eggs, milk, soya and cereals containing gluten.

If you have a query about any other ingredient, please ask a member of our team who will contact our Customer Care team or alternatively, please contact: helpdesk@krispykreme.co.uk. Please also don't hesitate to ask a member of staff if you are having trouble locating the information you'd like to see within this guide.

For all packaged food, please refer to the packaging for full allergen information.

'✓' in a column indicates that the product contains that allergen and is therefore not suitable for a person with an allergy or intolerance to it.

'The 'Yes' / 'No' in the column entitled 'Dietary Choices' details information supplied by the ingredient suppliers.

Gluten is a protein component of **wheat, rye, barley & oats**.

Milk includes all products containing milk or milk derivatives e.g. cream.

The **tree nuts / nuts** column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their derivatives. The 'Tree Nut Source (if present)' column indicates which tree nut is present in the product.

Drinks - please note that all our drinks nutrition information has been calculated using published data. Please also note that some of our drinks made with **soya** milk may contain other ingredients made from cows' milk.

Vegetarian - we consider our products to be suitable for Vegetarians, however we are not Vegetarian certified.

Vegan - we now offer a vegan range which have been certified by The Vegan Society, however, please be aware we cannot guarantee they are suitable for those with egg or milk allergies due to manufacturing methods and potential risk of cross contamination.

Halal - we consider our doughnuts to be suitable for anyone who follows a Halal diet, however we are not Halal certified.

Kosher - we consider our doughnuts to be suitable for anyone who follows a Kosher diet, however we are not Kosher certified.

Example of how to use the tables - if a customer asks which allergens are present in Original Glazed, help them to find the correct data and advise them to read the contents key and this section before making their choice.

As we use many ingredients and shared equipment, we cannot guarantee our food to be allergen free. Please check the information in this guide regularly as we introduce new products and ingredients throughout the year which may impact the allergens we handle.










Some doughnuts have small pieces of topping which could be considered a choking hazard.

PLEASE NOTE:
This guide is for Ireland only








KEY
Vegetarian / Vegan / Halal
Columns
YES = Suitable for this diet
NO = Unsuitable for this diet





Allergens Column
✓ = Contains Allergen



Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians 	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - RINGS & BITES																					
 Original Glazed	YES	NO	YES	✓				✓													
 Choc Sprinkles	YES	YES	YES	✓				✓													
 Mini Original Glazed	YES	NO	YES	✓				✓													
 Mini Chocolate Sprinkles	YES	NO	YES	✓				✓													
 Mini Strawberry Sprinkles	YES	NO	YES	✓				✓													
 OG Bites (1 serving = 2 bites)	YES	NO	YES	✓				✓													
 Cookies & Kreme	YES	NO	YES	✓				✓													
 Biscoff Iced	YES	NO	YES	✓				✓													




ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.










Product Description	Nutrition Per 100g										Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
DOUGHNUTS – RINGS & BITES																				
 Original Glazed	1877	450	28	15	43	23	2.8	5.5	0.45	50g	939	225	14	7.3	21	11	1.4	2.8	0.22	
 Sprinkles	1810	433	23	12	51	35	2.6	4.5	0.37	63g	1140	273	14	7.6	32	22	1.6	2.8	0.23	
 Mini Original Glazed	1948	467	29	16	44	20	2.7	5.3	0.53	25g	487	117	7.3	4.0	11	5	0.68	1.3	0.13	
 Mini Chocolate Sprinkles	1866	446	24	13	52	33	2.5	4.3	0.43	32g	588	141	7.4	4.1	16	10	0.79	1.4	0.14	
 Mini Strawberry Sprinkles	1854	445	24	13	53	33	2.1	4.1	0.41	33g	603	145	7.7	4.2	17	11	0.68	1.3	0.13	
 OG Bites (1 serving = 2 bites)	1871	449	27	14	44	18	3.4	5.5	0.55	22g	412	99	6.0	3.2	9.6	4.0	0.75	1.2	0.12	
 Cookies & Kreme	1906	458	25	12	54	37	2.0	3.9	0.43	85g	1620	390	21	10	46	31	1.7	3.3	0.37	
 Biscoff Iced	2042	490	33	14	42	23	2.4	5.0	0.46	61g	1246	299	20	8.4	26	14	1.5	3.0	0.28	

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Certified 	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - SHELLS																					
 Biscoff®	YES	NO	YES	✓				✓		✓											
 Nutty Chocolatta	YES	NO	YES	✓				✓		✓										✓	Hazelnut
 Pistachio Overload	YES	NO	YES	✓				✓		✓										✓	Pistachio







ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

ALLERGY ADVICE: Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients, making them suitable for vegans. However, whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that the Vegan doughnuts are free from the allergens we handle, including cereals containing gluten, milk, eggs, soya and nuts.




Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
DOUGHNUTS – SHELLS																			
 Biscoff	1945	467	29	13	43	21	3.7	5.5	0.54	91g	1770	425	27	12	39	19	3.4	5.0	0.49
 Nutty Chocolatta	1993	479	32	16	40	22	4.4	6.1	0.43	86g	1714	412	27	13	34	19	3.8	5.2	0.37
 Pistachio Overload	1902	458	29	13	41	23	4.1	6.1	0.44	85g	1608	387	25	11	34	19	3.4	5.2	0.37

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains														
	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)	
DOUGHNUTS - RINGS & SHELLS (NEW CORE RANGE)																						
 Strawberry Sprinkles	YES	YES	YES	✓				✓														
 Cinnamon Swirl	YES	YES	YES	✓				✓														
 White Marble Chocolatta	YES	NO	YES	✓				✓		✓												
 Cookies & Kreme	YES	NO	YES	✓				✓														
 Strawberry Sundae	YES	NO	YES	✓				✓		✓												
 Triple Choc Indulgence	YES	NO	YES	✓				✓		✓												
 Salted Caramel Sensation	YES	YES	YES	✓				✓														
 Glazed Raspberry	YES	NO	YES	✓				✓														

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Product Description	Nutrition Per 100g									Nutrition Per Portion										
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
DOUGHNUTS – RINGS & SHELLS (NEW CORE RANGE)																				
 Strawberry Sprinkles	1795	431	23	12	52	36	2.1	4.2	0.35	66g	1185	285	15	7.9	34	24	1.4	2.8	0.23	
 Cinnamon Swirl	1982	477	30	15	45	23	3.0	5.2	0.49	55g	1088	262	17	8.5	25	13	1.7	2.9	0.27	
 White Marble Chocolatta	1958	469	29	17	47	30	2.4	4.6	0.38	60g	1175	282	17	10.2	28	18	1.4	2.8	0.23	
 Cookies & Kreme	1906	458	25	12	54	37	2.0	3.9	0.43	85g	1620	390	21	10	46	31	1.7	3.3	0.37	
 Strawberry Sundae	1624	391	21	10	45	27	3.5	4.5	0.39	93g	1511	364	19	10	42	25	3.2	4.2	0.36	
 Triple Choc Indulgence	1750	419	23	12	44	27	4.5	5.4	0.44	87g	1523	365	20	10	39	23	3.9	4.7	0.38	
 Salted Caramel Sensation	1758	422	23	12	47	27	3.5	4.7	0.44	90g	1573	378	21	10	42	25	3.1	4.2	0.39	
 Glazed Raspberry	1523	365	19	10	42	24	3.7	4.8	0.50	87g	1325	317	16	8.5	36	21	3.3	4.2	0.43	

INGREDIENT DECLARATIONS


 <p>Original Glazed</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].</p>
 <p>Chocolate Sprinkles</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolatey Icing (16%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles (4.8%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].</p>
 <p>Biscoff Iced</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Biscoff® Spread Icing (18%) [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)].</p>

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut & peanut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 <p>Cookie & Kreme</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Kreme Frosting (28%) [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate)), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Glucose Syrup, Humectant (Glycerol), Water, Flavouring, Salt, Emulsifiers (Mono-and Diglycerides of Fatty Acids, Lecithins (Rapeseed, Sunflower), Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)], Biscuit Crumb (9.4%) [Wheat Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder, Glucose-Fructose Syrup, Wheat Starch, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (Soya Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring], White Icing (3.5%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)].</p>
 <p>Nutty Chocolatta</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Hazelnut Chocolate Spread Filling (19%) [Sugar, Refined Vegetable Oils (Sunflower, Palm, Soybean), Hazelnuts, Low Fat Cocoa Powder, Skimmed Milk Powder, Whey Powder (Milk), Emulsifiers (Lecithins (Sunflower, Soya), Vanillin, Natural Flavour], Chocolate Flavour Coating (12%) [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], Caramelised Hazelnut Pieces (2.3%) [Granulated Sugar, Roasted Hazelnuts, Salted Butter (Milk), Glucose Syrup, Salt], White Chocolate Flavour Lines (2.3%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)].</p>
 <p>Biscoff®</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Biscoff® Kreme Filling (20%) [Sugar, Biscoff® Spread [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Biscoff® Spread Icing (11%) [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Biscoff® Biscuit Topping (4.4%) [Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon], White Chocolate Shavings (3.3%) [Sugar, Cocoa Butter, Full Cream Milk Powder, Whey Powder (Milk), Vegetable Oils (Palm, Sal, Shea and Mango Kernels), Emulsifier (Soya Lecithin), Vanilla Flavour].</p>

INGREDIENT DECLARATIONS

 <p>Mini Original Glazed</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].</p>
 <p>Mini Chocolate Sprinkles</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Chocolatey Icing (16%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles (4.8%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].</p>
 <p>Mini Strawberry Sprinkles</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Strawberry Icing (19%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika, Salt)], Sprinkles (4.6%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].</p>
 <p>Original Glazed Bites</p>	<p>Doughnut Bites [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring].</p>

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS – RINGS & SHELLS (CORE RANGE UPDATE)

 <p>Strawberry Sprinkles</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Strawberry Flavour Icing (20%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum, Guar Gum), Dextrose, Palm Oil, Flavouring, Colours (Beetroot, Paprika, Salt)], Sprinkles (4.5%) [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].</p>
 <p>Cinnamon Swirl</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Cream Cheese Kreme Frosting (18%) [Kreme Frosting [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Flavouring, Salt], Water, Natural Cream Cheese Flavouring, Colour (Plain Caramel)], Cinnamon Sugar Blend (9.1%) [White Sugar, Spices (Cinnamon, Cassia)].</p>
 <p>White Marble Chocollata</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], White Choc Coating (15%) [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Blended Chocolate Lines [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring].</p>
 <p>Cookies & Kreme</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum, Guar Gum), Palm Oil, Flavouring], Kreme Frosting (28%) [Icing Sugar (Sugar, Maize Starch), Shortening (Vegetable Oils (Palm, Rapeseed), Emulsifier (Glycerol Monostearate)), White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Glucose Syrup, Humectant (Glycerol), Water, Flavouring, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Lecithins (Rapeseed, Sunflower), Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)], Biscuit Crumb (9.4%) [Wheat Flour, Sugar, Rapeseed Oil, Fat Reduced Cocoa Powder, Glucose-Fructose Syrup, Wheat Starch, Raising Agents (Ammonium Carbonates, Potassium Carbonates, Sodium Carbonates), Palm Oil, Salt, Emulsifier (Soya Lecithins), Acidity Regulator (Sodium Hydroxide), Flavouring], White Icing (3.5%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)].</p>

INGREDIENT DECLARATIONS – RINGS & SHELLS (CORE RANGE UPDATE)

 <p>Strawberry Sundae</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Strawberry Flavour Icing (17%) [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika, Salt)), Strawberry Filling (9.7%) [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt, Kreme (9.7%) [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Red Icing (2.2%) [White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour], Colour (Beetroot, Paprika)], White Choc Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)].</p>
 <p>Triple Choc Indulgence</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Brownie Batter Kreme Filling (18%) [Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Chocolatey Icing (14%) [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], White Choc Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], White Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring], Milk Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring].</p>
 <p>Salted Caramel Sensation</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Caramel Flavour Icing (18%) [Sugar, Glucose Syrup, Vegetable Oil, Water, Caramelised Sugar Syrup, Emulsifiers (Mono and Diglycerides of Fatty acids, Soya Lecithin), Salt, Stabiliser (Agar), Preservative (Potassium Sorbate), Flavouring], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Salted Caramel Filling (6.7%) [Water, Sugar, Glucose Syrup, Modified Maize Starch, Palm Oil, Humectant (Glycerol), Colours (Calcium Sulphate, Plain Caramel, Beta-Carotene), Salt, Natural Flavouring, Preservative (Potassium Sorbate, Sorbic Acid), Acidity Regulator (Glucono Delta Lactone), Emulsifier (Sorbitan Monostearate), Stabiliser (Agar Agar)], Light Caramel Icing Lines [Caramel Flavour Icing [Sugar, Glucose Syrup, Vegetable Oil, Water, Caramelised Sugar Syrup, Emulsifiers (Mono and Diglycerides of Fatty acids, Soya Lecithin), Salt, Stabiliser (Agar), Preservative (Potassium Sorbate), Flavouring], White Icing [Sugar, Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour]].</p>
 <p>Glazed Raspberry</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Defatted Soya Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), Wheat Gluten), Raspberry Filling (21%) [Sugar, Glucose Fructose Syrup, Water, Raspberry Puree, Acidity Regulators (Citric Acid, Sodium Citrates), Thickener (Pectins), Natural Flavouring, Preservative (Potassium Sorbate), Fruit and Vegetable Concentrate (Black Carrot, Hibiscus), Colour (Paprika Extract)], Glaze [Sugar, Water, Shortening [Vegetable Oils (Palm Oil, Palm Kernel Oil), Emulsifier (Mono and Diglycerides of Fatty Acids)], Stabilisers (Agar, Locust Bean Gum Guar Gum), Palm Oil, Flavouring].</p>

INGREDIENT DECLARATIONS



Pistachio Overload

Doughnut [**Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Vegetable Oil (Palm, Palm Stearin), Sugar, Yeast, Salt, Emulsifiers (Mono and Diglycerides of Fatty Acids, **Soya** Lecithin), Defatted **Soya** Flour, Leavening Agents (Monocalcium Phosphate, Sodium Bicarbonate), Stabiliser (Carboxymethylcellulose Gum), Flour Treatment Agent (Ascorbic Acid), **Wheat** Gluten], Pistachio Kreme Filling (21%) [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, **Soya** Lecithins, Propane-1,2- Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Black Milk Pistachio Cream [Sugar, Vegetable Oils and Fats (Palm, Sunflower), **Pistachio**, Skimmed **Milk** Powder, Whey Powder (**Milk**), Lactose (**Milk**), Emulsifier (Lecithins), Natural Flavourings, Colour (Copper Complexes of Chlorophyll)], Black Milk Pistachio Icing (8.3%) [Sugar, Vegetable Oils and Fats (Palm, Sunflower), **Pistachio**, Skimmed **Milk** Powder, Whey Powder (from **Milk**), Lactose (from **Milk**), Emulsifier (Lecithins), Natural Flavourings, Colour (Copper Complexes of Chlorophyll)], White Coating (2.4%) [Sugar, Palm Oil, Whey Powder (**Milk**), Emulsifier (**Soya** Lecithin)], Chopped and Caramelised Pistachios (Sugar, **Pistachios**).

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

BEVERAGES

We make our drinks using several ingredients and shared equipment. Whilst we take steps to minimise the risk of cross contamination, we cannot guarantee the absence of some allergens. We have indicated which drinks have a cross-contamination risk by placing a circle on our matrix.

There are 14 major allergens which need to be declared when used as ingredients. We provide information on the allergens we handle in this guide which are: nuts, eggs, milk, soya and cereals containing gluten.

If you have a query about any other ingredient, please ask a member of our team who will contact our Customer Care team or alternatively, please contact: helpdesk@krispykreme.co.uk. Please also don't hesitate to ask a member of staff if you are having trouble locating the information you'd like to see within this guide.



Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
MILKSHAKES																					
Strawberry Shake	YES	NO	YES	✓		•		•		✓											
Chocolate Shake	YES	NO	YES	•		•		✓		✓											
Biscoff Shake	YES	NO	YES	✓		•		✓		✓											
Cookies Shake made with Oreo®	YES	NO	YES	✓		•		✓		✓											
KITKAT																					
Kreme™ Shake Made with KitKat®	YES	NO	YES	✓		✓		✓		✓											

Product Description	Nutrition Per 100 ml									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
MILKSHAKES																			
Strawberry Shake	591	138	4.1	2.5	23	22	0.08	3.0	0.00	338ml	1996	468	14	8.4	78	74	0.29	10	0.02
Chocolate Shake	603	141	4.6	2.8	22	21	0.11	3.3	0.02	338ml	2039	477	15	9.5	74	71	0.38	11	0.06
Biscoff Shake	724	171	9.2	3.3	19	16	0.16	3.2	0.06	340ml	2462	581	31	11	66	56	0.56	11	0.21
Cookie Shake made with Oreo®	590	138	4.9	2.8	21	18	0.23	3.3	0.05	330ml	1947	456	16	9.3	68	59	0.77	11	0.15
KITKAT																			
Kreme™ Shake Made with KitKat®	625	147	5.5	2.2	21	20	0.24	3.6	0.03	273ml	1707	401	15	6.0	58	54	0.65	10	0.08

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
PISTACHIO FLAVOUR DRINKS																					
Pistachio Latte (with oat drink)	YES	NO	YES				✓			•											
Pistachio Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES						✓												
Pistachio Iced Latte (with oat drink)	YES	NO	YES				✓														
Pistachio Iced Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES						✓												

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soy and nuts) due to our manufacturing methods.

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICED COFFEE																					
Iced Coffee 12oz	YES	NO	YES						✓												
Iced Coffee 16oz	YES	NO	YES						✓												
Iced Mocha 12oz	YES	NO	YES						✓												
Iced Mocha 16oz	YES	NO	YES						✓												
Caramel Iced Coffee 12oz	YES	NO	YES						✓												
Caramel Iced Coffee 16oz	YES	NO	YES						✓												

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Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICED COFFEE																			
Iced Coffee 12oz	147	35	0.1	0.1	7.1	6.7	0.1	1.4	0.01	340 ml	505	120	0.4	0.2	24.5	23.2	0.2	4.9	0.02
Iced Coffee 16oz	192	46	0.1	0.1	9.8	9.3	0.1	1.4	0.01	455 ml	834	199	0.6	0.3	42.7	40.5	0.4	6.0	0.03
Iced Mocha 12oz	148	35	0.3	0.2	6.4	6.0	0.1	1.6	0.01	340 ml	509	120	0.9	0.5	22.1	20.5	0.2	5.6	0.04
Iced Mocha 16oz	198	47	0.4	0.2	8.9	8.3	0.1	1.7	0.02	455 ml	858	203	1.6	0.9	38.7	36.0	0.4	7.4	0.08
Caramel Iced Coffee 12oz	140	33	0.1	0.1	6.6	6.2	0.1	1.4	0.01	340 ml	480	114	0.4	0.2	22.8	21.5	0.2	4.9	0.02
Caramel Iced Coffee 16oz	184	44	0.1	0.1	9.2	8.7	0.1	1.4	0.01	455 ml	799	191	0.6	0.3	40.0	37.9	0.4	6.0	0.04

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS – OAT MILK																					
Flat White 8oz	YES	YES	YES				✓			•											
Latte 12oz	YES	YES	YES				✓			•											
Latte 16oz	YES	YES	YES				✓			•											
Cappuccino 12oz	YES	YES	YES				✓			•											
Cappuccino 16oz	YES	YES	YES				✓			•											
Mocha 12oz	YES	YES	YES				✓			•											
Mocha 16oz	YES	YES	YES				✓			•											
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	YES	YES				✓			•											
White Americano 16oz	YES	YES	YES				✓			•											
Hot Chocolate 12oz	YES	YES	YES				✓			•											
Hot Chocolate 16oz	YES	YES	YES				✓			•											
Tea	YES	YES	YES				✓			•											

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

Product Description	Nutrition Per 100g										Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
HOT DRINKS – OAT MILK																				
Flat White 8oz	193	46	2.1	0.3	6.1	2.6	0.1	0.5	0.08	227 ml	355	85	3.9	0.6	11.2	4.8	0.2	0.9	0.14	
Latte 12oz	212	51	2.4	0.3	6.7	3.0	0.1	0.4	0.08	340 ml	565	136	6.5	0.9	17.8	8.0	0.2	1.2	0.23	
Latte 16oz	214	51	2.4	0.3	6.7	3.0	0.1	0.5	0.08	455 ml	857	206	9.8	1.3	26.9	12.0	0.4	1.9	0.34	
Cappuccino 12oz	223	54	2.4	0.3	7.2	3.5	0.2	0.5	0.08	340 ml	600	144	6.6	0.9	19.4	9.3	0.5	1.3	0.23	
Cappuccino 16oz	221	53	2.5	0.3	7.1	3.3	0.2	0.5	0.08	455 ml	891	214	9.9	1.4	28.5	13.3	0.6	2.0	0.34	
Mocha 12oz	356	85	2.5	0.5	13.8	9.1	1.1	1.1	0.08	340 ml	1050	250	7.5	1.5	40.6	26.7	3.2	3.2	0.23	
Mocha 16oz	357	85	2.6	0.5	13.8	9.1	1.1	1.1	0.08	455 ml	1583	378	11.4	2.3	61.1	40.1	4.9	5.0	0.35	
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11	
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14	
White Americano 12oz	73	17	0.7	0.2	1.9	0.9	0.2	0.8	0.06	340 ml	179	41	1.8	0.6	4.7	2.1	0.4	1.9	0.16	
White Americano 16oz	57	13	0.5	0.2	1.4	0.6	0.1	0.6	0.05	455 ml	196	46	1.9	0.7	5.0	2.2	0.5	2.0	0.19	
Hot Chocolate 12oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	340 ml	1010	241	7.5	1.5	39.2	26.6	3.0	2.7	0.21	
Hot Chocolate 16oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	455 ml	1517	361	11.2	2.2	58.8	40.0	4.5	4.0	0.32	
Tea (with oat milk)	33	8	0.4	0.1	1.0	0.5	0.0	0.0	0.01	340 ml	114	27	1.4	0.2	3.6	1.7	0.0	0.1	0.05	

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS - SKIMMED MILK, SEMI SKIMMED MILK, WHOLE MILK																					
Flat White 8oz	YES	NO	YES						✓												
Latte 12oz	YES	NO	YES						✓												
Latte 16oz	YES	NO	YES						✓												
Cappuccino 12oz	YES	NO	YES						✓												
Cappuccino 16oz	YES	NO	YES						✓												
Mocha 12oz	YES	NO	YES						✓												
Mocha 16oz	YES	NO	YES						✓												
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	NO	YES						✓												
White Americano 16oz	YES	NO	YES						✓												
Hot Chocolate 12oz	YES	NO	YES						✓												
Hot Chocolate 16oz	YES	NO	YES						✓												
Tea	YES	NO	YES						✓												

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Product Description	Nutrition Per 100g										Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
HOT DRINKS - SKIMMED MILK																				
Flat White 8oz	119	28	0.2	0.1	4.0	3.3	0.1	2.7	0.01	227 ml	218	52	0.4	0.2	7.4	6.1	0.2	4.9	0.02	
Latte 12oz	126	30	0.3	0.1	4.3	3.8	0.1	2.9	0.01	340 ml	338	80	0.7	0.3	11.4	10.1	0.2	7.8	0.02	
Latte 16oz	128	30	0.3	0.1	4.3	3.8	0.1	3.0	0.01	455 ml	515	122	1.1	0.5	17.2	15.1	0.4	11.8	0.03	
Cappuccino 12oz	138	33	0.3	0.1	4.8	4.2	0.2	2.9	0.01	340 ml	372	88	0.8	0.4	13.0	11.4	0.5	7.9	0.02	
Cappuccino 16oz	136	32	0.3	0.1	4.7	4.1	0.2	3.0	0.01	455 ml	549	130	1.2	0.5	18.9	16.4	0.6	12.0	0.03	
Mocha 12oz	279	66	0.6	0.3	11.6	9.8	1.1	3.3	0.01	340 ml	822	195	1.7	1.0	34.2	28.8	3.2	9.8	0.02	
Mocha 16oz	280	66	0.6	0.3	11.6	9.8	1.1	3.4	0.01	455 ml	1241	294	2.7	1.5	51.5	43.2	4.9	14.9	0.04	
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11	
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14	
White Americano 12oz	53	12	0.2	0.2	1.3	1.0	0.2	1.4	0.04	340 ml	130	29	0.5	0.5	3.3	2.6	0.4	3.4	0.11	
White Americano 16oz	43	10	0.2	0.2	1.0	0.8	0.1	1.0	0.04	455 ml	147	34	0.6	0.6	3.6	2.7	0.5	3.5	0.14	
Hot Chocolate 12oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	340 ml	782	185	1.7	0.9	32.8	28.7	3.0	9.3	0.01	
Hot Chocolate 16oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	455 ml	1174	278	2.5	1.4	49.2	43.1	4.5	14.0	0.01	
Tea (with skimmed milk)	19	4	0.0	0.0	0.6	0.6	0.0	0.5	0.00	340 ml	65	15	0.1	0.1	2.2	2.2	0.0	1.6	0.00	

Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - SEMI SKIMMED MILK																			
Flat White 8oz	153	36	1.2	0.8	4.0	3.2	0.1	2.7	0.01	227 ml	281	67	2.2	1.4	7.3	5.9	0.2	4.9	0.02
Latte 12oz	166	39	1.3	0.9	4.2	3.7	0.1	2.9	0.01	340 ml	443	105	3.6	2.3	11.2	9.8	0.2	7.8	0.02
Latte 16oz	168	40	1.4	0.9	4.2	3.7	0.1	3.0	0.01	455 ml	673	159	5.5	3.4	16.9	14.8	0.4	11.8	0.03
Cappuccino 12oz	178	42	1.4	0.9	4.8	4.2	0.2	2.9	0.01	340 ml	478	113	3.7	2.3	12.8	11.2	0.5	7.9	0.02
Cappuccino 16oz	176	42	1.4	0.9	4.6	4.0	0.2	3.0	0.01	455 ml	708	167	5.5	3.5	18.6	16.1	0.6	12.0	0.03
Mocha 12oz	314	74	1.6	1.0	11.5	9.7	1.1	3.3	0.01	340 ml	928	219	4.6	2.9	34.0	28.6	3.2	9.8	0.02
Mocha 16oz	316	75	1.6	1.0	11.5	9.7	1.1	3.4	0.01	455 ml	1400	331	7.0	4.4	51.2	42.9	4.9	14.9	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	62	14	0.5	0.4	1.3	1.0	0.2	1.4	0.04	340 ml	153	35	1.2	0.9	3.2	2.5	0.4	3.4	0.11
White Americano 16oz	49	12	0.4	0.3	1.0	0.8	0.1	1.0	0.04	455 ml	170	40	1.3	1.0	3.5	2.6	0.5	3.5	0.14
Hot Chocolate 12oz	378	89	1.9	1.2	13.9	12.1	1.3	4.0	0.00	340 ml	888	210	4.6	2.9	32.5	28.5	3.0	9.3	0.01
Hot Chocolate 16oz	378	89	1.9	1.2	13.8	12.1	1.3	4.0	0.00	455 ml	1333	315	6.8	4.3	48.8	42.8	4.5	14.0	0.01
Tea (with SS milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - WHOLE MILK																			
Flat White 8oz	200	48	2.5	1.6	3.9	3.2	0.1	2.6	0.01	227 ml	368	88	4.5	2.9	7.1	5.8	0.2	4.8	0.02
Latte 12oz	220	52	2.8	1.8	4.1	3.6	0.1	2.8	0.01	340 ml	588	140	7.5	4.8	11.0	9.6	0.2	7.6	0.02
Latte 16oz	222	53	2.8	1.8	4.1	3.6	0.1	2.9	0.01	455 ml	891	212	11.4	7.2	16.6	14.5	0.4	11.5	0.03
Cappuccino 12oz	232	55	2.8	1.8	4.7	4.1	0.2	2.9	0.01	340 ml	623	148	7.6	4.8	12.6	11.0	0.5	7.7	0.02
Cappuccino 16oz	230	55	2.8	1.8	4.5	3.9	0.2	2.9	0.01	455 ml	926	220	11.5	7.3	18.2	15.8	0.6	11.7	0.03
Mocha 12oz	364	86	2.9	1.8	11.5	9.6	1.1	3.3	0.01	340 ml	1073	255	8.5	5.4	33.8	28.4	3.2	9.6	0.02
Mocha 16oz	365	87	2.9	1.8	11.5	9.6	1.1	3.3	0.01	455 ml	1618	384	12.9	8.2	50.8	42.6	4.9	14.6	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	75	17	0.8	0.6	1.3	1.0	0.2	1.4	0.04	340 ml	184	42	2.0	1.4	3.2	2.5	0.4	3.3	0.11
White Americano 16oz	58	14	0.6	0.4	1.0	0.7	0.1	1.0	0.04	455 ml	201	47	2.1	1.5	3.5	2.6	0.5	3.4	0.14
Hot Chocolate 12oz	440	104	3.6	2.3	13.8	12.0	1.3	3.9	0.00	340 ml	1033	245	8.5	5.4	32.3	28.3	3.0	9.1	0.01
Hot Chocolate 16oz	439	104	3.6	2.3	13.7	12.0	1.3	3.9	0.00	455 ml	1551	368	12.8	8.1	48.5	42.4	4.5	13.6	0.01
Tea (with whole milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICE CREAM, TOPPING & SAUCES																					
Ice Cream	YES	NO	YES							✓											
Ice Cream & OG	YES	NO	YES	✓				✓	✓	✓											
Ice Cream & Bites	YES	NO	YES	✓				✓	✓	✓											
Caramel Sauce – 1 pump	YES	NO	YES							✓											
Dark Choc Sauce – 1 pump	YES	NO	YES																		
Shortbread Pieces	YES	NO	YES	✓						✓											

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Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICE CREAM, TOPPINGS & SAUCES																			
Ice Cream	630	150	6.5	3.5	19.0	19.0	0.0	3.9	0.1	160g	1008	240	10.4	5.6	30.4	30.4	0	6.2	0.2
Ice Cream & OG	1085	259	10.9	5.4	34.8	21.4	1.1	4.9	0.28	112g	1216	290	12.2	6.0	39.0	24.0	1.2	5.5	0.31
Ice Cream & Bites	881	210	9.2	4.9	27.0	21.7	0.3	4.9	0.17	160g	1410	336	14.8	7.8	43.2	34.7	0.5	7.8	0.28
Caramel Sauce – 1 pump	1600	378	4.7	3.2	79.3	71.5	0.0	0.0	0.29	15ml	312	74	0.9	0.6	15.5	13.9	0.0	0.0	0.06
Dark Choc Sauce – 1 pump	1492	352	2.6	1.6	75.4	74.1	0.0	3.5	0.13	15ml	291	69	0.5	0.3	14.7	14.4	0.0	0.7	0.03
Shortbread Pieces	2070	494	24.3	15.3	61.1	14.0	1.8	6.9	0.50	5g	104	25	1.2	0.8	3.1	0.7	0.1	0.3	0.03

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS - SYRUPS																					
Dark Chocolate Sauce	YES	NO	YES																		
Salted Caramel Syrup	YES	NO	YES																		
Caramel Syrup	YES	NO	YES																		
Roasted Hazelnut Syrup	YES	NO	YES																	✓	Hazelnut
French Vanilla Syrup	YES	NO	YES																		
Strawberry Fruit Based Preparation	YES	NO	YES																		

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Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
COLD DRINKS																					
Peach Ice Tea	YES	NO	YES																		
Cloudy Lemonade	YES	NO	YES																		
Pink Lemonade	YES	NO	YES																		
PISTACHIO FLAVOUR DRINKS																					
Pistachio Latte (with oat drink)	YES	NO	YES				✓			•											
Pistachio Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES							✓											
Pistachio Iced Latte (with oat drink)	YES	NO	YES				✓														
Pistachio Iced Latte (with whole, semi-skimmed or skimmed milk)	YES	NO	YES							✓											
ORIGINAL GLAZED DRINKS																					
Original Glazed Iced Matcha Latte (with oat milk)	YES	NO	YES				✓			•											
Original Glazed Iced Matcha Latte (with cows milk)	YES	NO	YES							✓											
Original Glazed Matcha Latte (with oat milk)	YES	NO	YES				✓			•											
Original Glazed Matcha Latte (with cows milk)	YES	NO	YES							✓											

Product Description	Nutrition Per 100g									Nutrition Per Portion									
	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICED LATTE- WHOLE																			
Iced Latte 12oz	105	25	1.3	0.79	2.1	1.7	0.08	1.3	0.03	320	336	80	4.0	2.5	6.6	5.3	0.24	4.1	0.11
Iced Vanilla Latte 12oz	176	42	1.0	0.65	7.1	6.6	0.08	1.1	0.03	320	564	135	3.3	2.1	23	21	0.24	3.4	0.10
Iced Caramel Latte 12oz	172	41	1.0	0.6	6.7	6.3	0.08	1.1	0.03	320	552	132	3.3	2.1	22	20	0.24	3.4	0.10
Iced Chai Latte 12oz	191	46	1.7	1.1	6.0	6.0	0.00	1.5	0.06	320	611	146	5.4	3.5	19	19	0.00	4.8	0.18
Iced Matcha Latte 12oz	256	61	3.4	2.2	4.4	4.3	0.16	3.3	0.10	332	849	203	11	7.2	15	14	0.52	11	0.33
Iced Strawberry Matcha Latte 12oz	232	55	1.2	0.79	10	9.3	0.16	1.3	0.03	322	746	177	4.0	2.5	31	30	0.52	4.1	0.11
COLD DRINKS																			
Peach Ice Tea 12oz	65	16	0.00	0.00	3.7	3.7	0.00	0.03	0.02	320	209	50	0.00	0.00	12	12	0.00	0.11	0.05
Cloudy Lemonade 12oz	66	16	0.00	0.00	3.5	3.5	0.00	0.00	0.00	320	210	50	0.00	0.00	11	11	0.00	0.00	0.01
Pink Lemonade 12oz	111	26	0.00	0.00	6.3	6.2	0.00	0.03	0.00	320	355	84	0.00	0.00	20	20	0.00	0.11	0.01
ORIGINAL GLAZED DRINKS																			
Original Glazed Matcha Latte 12oz (with oat milk)	209	74	2.4	0.24	12	8.5	0.64	0.99	0.10	354	740	262	8.5	0.85	42	30	2.3	3.5	0.36
Original Glazed Iced Matcha Latte 12oz (with cows milk)	171	65	1.5	0.88	10	9.7	0.00	2.97	0.11	354	605	231	5.2	3.10	35	34	0.0	10.5	0.39
Original Glazed Matcha Latte 12oz (with oat milk)	83	47	0.93	0.09	9.0	7.5	0.25	0.46	0.05	319	264	149	3.0	0.30	29	24	0.78	1.5	0.17
Original Glazed Iced Matcha Latte 12oz (with cows milk)	68	43	0.57	0.33	8.3	7.9	0.01	1.21	0.06	319	218	138	1.8	1.06	27	25	0.02	3.9	0.18

SHAKES- INGREDIENT DECLARATIONS

<p>Strawberry Shake</p>	<p>Strawberry Shake & Mini OG: Strawberry Shake [Thick Shake Mix [Reconstituted Skimmed Milk, Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (Guar Gum, Sodium Tripolyphosphate, Carrageenan), Flavouring], Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Spray Cream [Cream (Milk), Sugar, Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carrageenan), Propellant (Nitrous Oxide)], Rainbow Sprinkles [Sugar, Vegetable Oils (Coconut, Shea), Concentrates (Sweet Potato, Beetroot, Apple, Spirulina, Carrot, Radish, Hibiscus), Stabiliser (Acacia Gum), Glazing Agent (Carnauba Wax), Colour (Paprika, Lutein)].</p>
<p>Chocolate Shake</p>	<p>Chocolate Shake & Mini OG: Chocolate Shake [Thick Shake Mix [Reconstituted Skimmed Milk, Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (Guar Gum, Sodium Tripolyphosphate, Carrageenan), Flavouring], Dark Chocolate Sauce [Sugar, Water, Low Fat Cocoa Powder, Cocoa Mass, Acid (Tartaric Acid), Natural Flavouring, Emulsifier (Mono and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Salt], Spray Cream [Cream (Milk), Sugar, Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carrageenan), Propellant (Nitrous Oxide)], Milk Chocolate Curls [Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Lactose (from Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring], Dark Hot Chocolate Powder [Sugar, Fat Reduced Cocoa Powder].</p>
<p>Biscoff Shake</p>	<p>Biscoff Shake & Mini OG: Biscoff Shake [Thick Shake Mix [Reconstituted Skimmed Milk, Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (Guar Gum, Sodium Tripolyphosphate, Carrageenan), Flavouring], Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], Spray Cream [Cream (Milk), Sugar, Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carrageenan), Propellant (Nitrous Oxide)], Biscoff Biscuit Topping [Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon].</p>
<p>Cookies Shake</p>	<p>Cookies Shake & Mini OG: Cookies Shake [Thick Shake Mix [Reconstituted Skimmed Milk, Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (Guar Gum, Sodium Tripolyphosphate, Carrageenan), Flavouring], Spray Cream [Cream (Milk), Sugar, Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carrageenan), Propellant (Nitrous Oxide)], Dark Biscuit Crumb [Sugar, Corn Flour, Palm Fat, Potato Starch, Fat Reduced Cocoa Powder, Dextrose, Tapioca Starch, Natural Bourbon Vanilla Flavouring, Natural Flavourings, Salt, Emulsifiers (Soya Lecithin), Raising Agents (Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate), Alkalizing Agent (Potassium Carbonate)], Chocolate Cookie Syrup [Sugar, Water, Colour (Caramel), Natural Flavouring].</p>

DRINKS- INGREDIENT DECLARATIONS

<p>Chai Latte</p>	<p>With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Semi Skimmed Milk: Semi-Skimmed Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Skimmed Milk: Skimmed Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Whole Milk: Whole Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p>
<p>Matcha Latte</p>	<p>With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Matcha Powder.</p> <p>With Semi Skimmed Milk: Semi-Skimmed Milk, Water, Matcha Powder.</p> <p>With Skimmed Milk: Skimmed Milk, Water, Matcha Powder.</p> <p>With Whole Milk: Whole Milk, Water, Matcha Powder.</p>
<p>Oatly Latte made with Biscoff Sauce</p>	<p>With Oat Drink: Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].</p> <p>With Semi Skimmed Milk: Semi-Skimmed Milk, Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].</p> <p>With Skimmed Milk: Skimmed Milk, Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].</p> <p>With Whole Milk: Whole Milk, Water, Biscoff Sauce [Original Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)].</p>
<p>Peppermint Tea</p>	<p>Peppermint Tea: Water, Organic Peppermint.</p>
<p>Chamomile Tea</p>	<p>Chamomile Tea: Water, Organic Chamomile.</p>
<p>Iced Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee).</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee).</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee).</p> <p>With Whole Milk: Ice, Whole Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee).</p>

DRINKS- INGREDIENT DECLARATIONS

<p>Iced Vanilla Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Whole Milk: Ice, Whole Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), French Vanilla Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p>
<p>Iced Caramel Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p> <p>With Whole Milk: Ice, Whole Milk, Double Espresso (as consumed) (Whole Bean Roasted Coffee), Caramel Syrup [Sugar, Water, Natural Flavouring, Acid (Citric Acid), Colour (Caramel)].</p>
<p>Iced Americano</p>	<p>Iced Americano: Ice, Water, Double Espresso (as consumed) (Whole Bean Roasted Coffee).</p>
<p>Iced Chai Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p> <p>With Whole Milk: Ice, Whole Milk, Chai Tea [Sugar, Water, Tea Extract, Colour (Caramel), Natural Flavouring, Acid (Citric Acid), Emulsifier (Acacia Gum), Natural Tea Flavouring, Preservative (Potassium Sorbate)].</p>
<p>Iced Matcha Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Matcha Powder.</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Water, Matcha Powder.</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Water, Matcha Powder.</p> <p>With Whole Milk: Ice, Whole Milk, Water, Matcha Powder.</p>

DRINKS- INGREDIENT DECLARATIONS

<p>Iced Strawberry Matcha Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder.</p> <p>With Semi Skimmed Milk: Ice, Semi-Skimmed Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder.</p> <p>With Skimmed Milk: Ice, Skimmed Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder.</p> <p>With Whole Milk: Ice, Whole Milk, Water, Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)], Matcha Powder.</p>
<p>Peach Ice Tea</p>	<p>Peach Ice Tea: Ice, Water, Peach Tea Syrup [Water, Sugar, Concentrated Lemon Juice, Tea Extract, Concentrated Peach Juice, Natural Flavouring, Natural Tea Flavouring, Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate)].</p>
<p>Cloudy Lemonade</p>	<p>Cloudy Lemonade: Ice, Water, Cloudy Lemonade Base [Water, Sugar, Acid (Citric Acid, Natural Flavouring, Concentrated Lemon Juice, Natural Lemon-lime Flavouring with other natural flavourings, Emulsifiers (Acacia Gum, Glycerol Esters of Wood Rosin), Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate)].</p>
<p>Pink Lemonade</p>	<p>Pink Lemonade: Ice, Water, Cloudy Lemonade Base [Water, Sugar, Acid (Citric Acid, Natural Flavouring, Concentrated Lemon Juice, Natural Lemon-lime Flavouring with other natural flavourings, Emulsifiers (Acacia Gum, Glycerol Esters of Wood Rosin), Sweetener (Steviol Glycosides), Preservative (Potassium Sorbate), Strawberry Preparation [Sugar, Strawberry Puree, Natural Strawberry Flavouring with other natural flavourings, Acid (Citric Acid), Colour (Anthocyanins), Preservative (Potassium Sorbate), Thickener (Pectin)].</p>
<p>Original Glazed Matcha Latte</p>	<p>With Oat Drink: Oat Drink with Added Vitamins and Minerals (79%) [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Original Glazed Syrup (9.3%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.</p> <p>With Semi-Skimmed Milk: Semi-Skimmed Milk, Water, Original Glazed Syrup (9.3%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.</p>
<p>Original Glazed Iced Matcha Latte</p>	<p>With Oat Drink: Ice, Oat Drink with Added Vitamins and Minerals (30%) [Water, Oats, Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Minerals (Calcium Carbonate, Potassium Iodide), Salt, Vitamins (D2, Riboflavin, B12)], Water, Original Glazed Syrup (10%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.</p> <p>With Semi-Skimmed Milk: Ice, Semi-Skimmed Milk, Water, Original Glazed Syrup (10%) [Pure Cane Sugar, Water, Natural Flavours, Citric Acid], Matcha Powder.</p>
<p>Kreme™ Shake Made with KitKat®</p>	<p>Kreme™ Shake Made with KitKat® [Thick Shake Mix [Reconstituted Skimmed Milk, Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (Guar Gum, Sodium Tripolyphosphate, Carrageenan), Flavouring], KitKat Cocoa Sauce (6%) [Sugar, Sunflower Oil, Skimmed Milk Powder, Biscuit Granules (Sugar, Wheat Flour, Vegetable Oils (Rapeseed, Sunflower), Lactose (Milk), Milk Proteins, Barley Malt Extract, Salt, Raising Agent (Sodium Bicarbonate), Whey Powder (Milk), Anhydrous Milk Fat, Fat Reduced Cocoa Powder, Cocoa Mass, Emulsifier (Lecithins), Salt, Natural Vanilla Flavouring], KitKat Pieces (5%) [Wafer Pieces [Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier (Soya Lecithins), Salt], Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder Product (Milk), Vegetable Fats (Palm, Shea), Butter Oil (Milk), Emulsifier (Lecithins), Natural Vanilla Flavouring].</p>