



ALLERGEN & NUTRITIONAL *Information*

We make our doughnuts fresh daily using many ingredients and shared equipment. Whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that any of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya nuts, and peanuts).

There are 14 major allergens which need to be declared when used as ingredients. We provide information on the allergens we handle in this guide which are: nuts, peanuts, eggs, milk, soya and cereals containing gluten.

If you have a query about any other ingredient, please ask a member of our team who will contact our Customer Care team or alternatively, please contact: helpdesk@krispykreme.co.uk. Please also don't hesitate to ask a member of staff if you are having trouble locating the information you'd like to see within this guide.

For all packaged food, please refer to the packaging for full allergen information.

'✓' in a column indicates that the product contains that allergen and is therefore not suitable for a person with an allergy or intolerance to it.

'The 'Yes' / 'No' in the column entitled 'Dietary Choices' details information supplied by the ingredient suppliers.

Gluten is a protein component of **wheat, rye, barley & oats**.

Milk includes all products containing milk or milk derivatives e.g. cream.

The tree nuts / **nuts** column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their derivatives. The 'Tree Nut Source (if present)' column indicates which tree nut is present in the product.

Drinks - please note that all our drinks nutrition information has been calculated using published data. Please also note that some of our drinks made with **soya** milk may contain other ingredients made from cows' milk.

Vegetarian - we consider our products to be suitable for Vegetarians, however we are not Vegetarian certified.

Vegan - we now offer a vegan range which have been certified by The Vegan Society, however, please be aware we cannot guarantee they are suitable for those with egg or milk allergies due to manufacturing methods and potential risk of cross contamination.

Halal - we consider our doughnuts to be suitable for anyone who follows a Halal diet, however we are not Halal certified.

Kosher - we consider our doughnuts to be suitable for anyone who follows a Kosher diet, however we are not Kosher certified.

Example of how to use the tables - if a customer asks which allergens are present in Original Glazed, help them to find the correct data and advise them to read the contents key and this section before making their choice.

As we use many ingredients and shared equipment, we cannot guarantee our food to be allergen free. Please check the information in this guide regularly as we introduce new products and ingredients throughout the year which may impact the allergens we handle.

Some doughnuts have small pieces of topping which could be considered a choking hazard.

PLEASE NOTE:
This guide is for Ireland only



KEY














Vegetarian / Vegan / Halal
Columns

YES = Suitable for this diet
















NO = Unsuitable for this diet









Allergens Column

✓ = Contains Allergen

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - RINGS & BITES																					
 Original Glazed	YES	NO	YES	✓																	
 Sprinkles	YES	NO	YES	✓				✓													
 Vegan Chocolate Iced Ring	YES	YES	YES	✓				✓													
 Vegan Caramel Iced Ring	YES	YES	YES	✓				✓													
 Vegan Strawberry Iced Ring	YES	YES	YES	✓				✓													
 Original Filled Kreme	YES	NO	YES	✓				✓													
 Original Filled Choco Dream	YES	NO	YES	✓				✓													
 Mini Original Glazed	YES	NO	YES	✓																	
 Mini Chocolate Sprinkles	YES	NO	YES	✓				✓													
 Mini Strawberry Sprinkles	YES	NO	YES	✓				✓													
 OG Bites (1 serving = 2 bites)	YES	NO	YES	✓																	
 Vegan Cookies & Kreme	YES	YES	YES	✓				✓													








ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

	Nutrition Per 100g										Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	
DOUGHNUTS – RINGS & BITES																				
 Original Glazed	1606	384	15	7.5	53	24	2.3	6.0	0.47	51g	815	195	7.9	3.8	27	12	1.2	3.0	0.24	
 Vegan Original Glazed (NWD only)	1606	384	15	7.5	53	24	2.3	6.0	0.47	51g	815	195	7.9	3.8	27	12	1.2	3.0	0.24	
 Personalised OG	1613	384	16	7.5	54	25	2.3	5.9	0.46	52g	855	204	8.4	4.0	28	13	1.2	3.1	0.25	
 Personalised Vegan OG (NWD only)	1613	384	15.8	7.5	54	25	2.3	5.9	0.46	53g	855	204	8.4	4.0	28	13	1.2	3.1	0.25	
 Sprinkles	1602	381	14	6.8	60	36	1.8	5.1	0.40	67g	1073	255	9.2	4.5	40	24	1.2	3.4	0.27	
 Chocolate Iced Ring	1596	380	14	6.4	58	33	2.3	5.2	0.40	62g	990	236	8.6	4.0	36	21	1.4	3.2	0.25	
 Caramel Iced Ring	1624	387	15	7.5	58	32	1.6	5.0	0.43	66g	1072	255	10	5.0	38	21	1.1	3.3	0.28	
 Strawberry Iced Ring	1662	396	17	8.5	58	32	1.3	4.8	0.40	66g	1097	261	11	5.6	38	21	0.9	3.2	0.26	
 Original Filled Kreme	1720	411	19	8.7	57	31	1.5	4.6	0.40	73g	1256	300	14	6.3	41	23	1.1	3.4	0.29	
 Original Filled Choco Dream	1643	392	17	7.7	55	33	2.4	4.8	0.40	73g	1199	286	12	5.6	40	24	1.8	3.5	0.29	
 Mini Original Glazed	1611	384	16	7.5	53	24	2.3	6.0	0.47	26g	419	100	4.1	2.0	14	6.3	0.6	1.6	0.12	
 Mini Chocolate Sprinkles	1684	401	15	7.4	63	34	1.2	4.8	0.33	33g	547	130	4.7	2.4	21	11	0.4	1.6	0.11	
 Mini Strawberry Sprinkles	1689	402	16	8.0	61	30	1.2	4.9	0.36	33g	566	135	5.3	2.7	20	10	0.4	1.6	0.12	
 OG Bites (1 serving = 2 bites)	1676	400	18	9.3	54	18	1.9	6.4	0.43	24g	402	96	4.4	2.2	13	4.3	0.5	1.5	0.10	
 Vegan Cookies & Kreme	1742	416	18	8.3	58	34	1.7	4.3	0.44	82g	1428	341	15	6.8	48	28	1.4	3.5	0.36	

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
DOUGHNUTS - SHELLS																					
 Strawberries & Kreme	YES	NO	YES	✓				✓		✓											
 Biscoff®	YES	NO	YES	✓				✓		✓											
 Chocolate Dreamcake	YES	NO	YES	✓				✓		✓											
 Glazed Raspberry	YES	NO	YES	✓																	
 Nutty Chocolatta	YES	NO	YES	✓				✓		✓										✓	Hazelnut
 Vegan Chocolate Kreme (IRE only)	YES	YES	YES	✓				✓													
 Vegan Fudge Brownie Bliss	YES	YES	YES	✓				✓													


ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.



ALLERGY ADVICE: Our Vegan doughnuts are prepared to a vegan recipe which has omitted the egg and milk ingredients, making them suitable for vegans. However, whilst we take steps to minimise the risk of cross contamination, we cannot guarantee that the Vegan doughnuts are free from the allergens we handle, including cereals containing gluten, milk, eggs, soya and nuts.

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
DOUGHNUTS – SHELLS																			
 Strawberries & Kreme	1589	380	18	9.0	50	21	1.8	5.2	0.44	92g	1462	349	17	8.3	46	20	1.7	4.8	0.40
 Biscoff	1744	417	22	9.0	50	18	2.6	6.0	0.50	94g	1639	392	21	8.5	47	17	2.4	5.6	0.47
 Chocolate Dreamcake	1657	396	18	9.4	53	25	2.2	5.6	0.41	92g	1524	364	17	8.7	49	23	2.0	5.2	0.37
 Glazed Raspberry	1460	348	13	6.7	53	25	2.1	5.4	0.47	89g	1299	310	12	6.0	47	22	1.9	4.8	0.42
 Nutty Chocolatta	1776	425	23	11	48	19	2.7	7.0	0.44	87g	1545	370	20	9.7	42	17	2.3	6.1	0.38
 Vegan Chocolate Kreme (IRE only)	1679	401	19	8.7	53	27	1.9	5.4	0.40	90g	1511	361	17	7.9	48	25	1.7	4.8	0.36
 Vegan Fudge Brownie Bliss	1566	374	15	7.6	55	29	2.2	5.8	0.40	94g	1472	352	14	7.1	52	27	2.0	5.5	0.37


	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
LIMITED EDITION DOUGHNUTS																					
 Salted Caramel	Y	Y	Y	✓		✓		✓													




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Product Description		Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
LIMITED EDITION DOUGHNUTS																				
	Salted Caramel	1649	394	17	8.5	55	28	1.4	5.1	0.43	95	1558	372	16	8	52	26	1	5	0.41



	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
LIMITED EDITION DOUGHNUTS – PRETTY LITTLE THING																					
 Pretty Little Unicorn	Y	N	Y	✓				✓													



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Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
LIMITED EDITION DOUGHNUTS – PRETTY LITTLE THING																			
 Pretty Little Unicorn	1642	391	14	6.7	60	37	1.6	4.1	0.35	74	1215	290	11	5.0	45	27	1.2	3.1	0.26


Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
LIMITED EDITION DOUGHNUTS – KITKAT AND AERO																					
 Krumbled	Y	N	Y	✓				✓		✓											
 Bubbly	Y	N	Y	✓				✓		✓											

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	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
LIMITED EDITION DOUGHNUTS – KITKAT AND AERO																			
 Krumbled	1820	435	24	13	49	21	2.4	6.2	0.42	89g	1620	387	21	11	43	19	2.1	5.5	0.37
 Bubbly	1832	437	21	10.7	55	36	2.1	4.2	0.35	89g	1636	391	19	9.6	49	32	1.8	3.8	0.31

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	 Vegan Certified	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
LIMITED EDITION DOUGHNUTS – HOLY COMMUNION																					
 Holy Communion	Y	N	Y	✓						✓											

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Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
LIMITED EDITION DOUGHNUTS – HOLY COMMUNION																			
 Holy Communion	1615	385	16	7.8	53	25	2.2	5.9	0.45	54g	864	206	8.6	4.2	28	13	1.2	3.1	0.24

INGREDIENT DECLARATIONS

 <p>Original Glazed</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Salt]</p>
 <p>Original Filled Kreme Ring</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil], Kreme and White Icing Lines [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)]</p>
 <p>Original Filled Choco Dream</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil], Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Dark Chocolate Icing Lines [Sugar, Vegetable Oil, Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Salt, Preservatives (Potassium Sorbate), Natural Flavouring]</p>

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut & peanut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 <p>Vegan Strawberry Iced Ring</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Raising Agents (Monocalcium Phosphate), Preservative (Calcium Propionate), Stabilisers (Carboxymethyl Cellulose, Calcium Sulphate), Acidity Regulators (Ammonium Sulphate, Diammonium Phosphate), Flour Treatment Agent (Ascorbic Acid), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt], Strawberry Icing and White Icing Lines [Sugar, Glucose Syrup, Water, Vegetable Oil, Palm Fat, Rapeseed Oil, Corn Flour, Natural Flavourings, Colouring (Paprika, Pumpkin, Apple, Beetroot), Emulsifiers (Mono and Diglycerides of Fatty Acids, Sodium Stearoyl-2-lactylate, Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Salt, Stabiliser (Agar), Preservative (Potassium Sorbate)]</p>
 <p>Vegan Caramel Iced Ring</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Raising Agents (Monocalcium Phosphate), Preservative (Calcium Propionate), Stabilisers (Carboxymethyl Cellulose, Calcium Sulphate), Acidity Regulators (Ammonium Sulphate, Diammonium Phosphate), Flour Treatment Agent (Ascorbic Acid), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt], Caramel Icings [Caramel Icing (Sugar, Glucose Syrup, Vegetable Oil, Water, Caramelised Sugar Syrup, Emulsifiers (Mono and Diglycerides of Fatty acids, Soya Lecithin) Salt, Stabiliser (Agar), Preservative (Potassium Sorbate), Flavouring)], White Icing (Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)]</p>
 <p>Vegan Chocolate Iced Ring</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Raising Agents (Monocalcium Phosphate), Preservative (Calcium Propionate), Stabilisers (Carboxymethyl Cellulose, Calcium Sulphate), Acidity Regulators (Ammonium Sulphate, Diammonium Phosphate), Flour Treatment Agent (Ascorbic Acid), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt], Chocolate Icing [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring].</p>
 <p>Chocolate Sprinkles</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt], Chocolate Icing [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles [Sugar, Wheat Starch, Modified Starch, Vegetable Oil, Concentrates (Radish, Lemon, Blackcurrant, Beetroot), Colours (Anthocyanin, Chlorophyllin, Curcumin, Paprika Extract), Water, Glucose Syrup, Glazing Agent (Beeswax), Stabiliser (Gum Arabic), Antioxidant (Citric Acid)]</p>

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 <p>Chocolate Dreamcake</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Brownie Batter Filling [Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Sugar, Dextrose, Sunflower Oil, Dried Glucose Syrup, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithins), Modified Starch, Salt], Chocolate Icing [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Chocolate Decoration [Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Flavouring], White Coating [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)]</p>
 <p>Glazed Raspberry</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt], Raspberry Filling [Sugar, Glucose Fructose Syrup, Water, Raspberry Puree, Acidity Regulators (Citric Acid, Sodium Citrates), Thickener (Pectins), Preservative (Potassium Sorbate), Flavouring (Vegetable Extracts (Black Carrot, Hibiscus)), Colour (Paprika Extract)].</p>
 <p>Vegan Chocolate Kreme</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Raising Agent (Monocalcium Phosphate), Preservative (Calcium Propionate), Stabilisers (Carboxymethyl Cellulose, Calcium Sulphate), Acidity Regulators (Ammonium Sulphate, Diammonium Phosphate, Dicalcium Phosphate), Flour Treatment Agent (Ascorbic Acid), Anticaking Agent (Tricalcium Phosphate)], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Chocolate Icing and White Icing Lines [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Flavouring, Stabiliser Base (Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)]</p>
 <p>Vegan Cookies & Kreme</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Salt], Cookie Kreme Frosting [Vanilla Frosting (Sugar, Vegetable Oils (Rapeseed, Palm), Glucose Syrup, Humectant (Glycerol), Water, Emulsifiers (Mono and Diglycerides of Fatty Acids, Rapeseed Lecithins, Flavouring, Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)), Kreme (Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)), Biscuit Crumb (Fortified Wheat Flour, Vegetable Shortening (Palm, Rapeseed), Sugar, Cocoa Powder, Invert Sugar Syrup, Raising Agent, Salt)], Biscuit Crumb (Fortified Wheat Flour, Vegetable Shortening (Palm, Rapeseed), Sugar, Cocoa Powder, Invert Sugar Syrup, Raising Agent, Salt), White Icing [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Flavouring (Vanilla), Salt)].</p>

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 <p>Nutty Chocolatta</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Hazelnut Chocolate Spread Filling [Sugar, Vegetable Fat (Palm), Hazelnuts, Skimmed Milk Powder, Fat Reduced Cocoa, Emulsifier: Lecithins (Soya, Sunflower), Vanillin], Chocolate Flavour Coating [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier: Soya Lecithin, Natural Flavouring], Caramelised Hazelnut Pieces [Granulated Sugar, Roasted Hazelnuts, Salted Butter (Milk), Glucose Syrup, Salt], White Chocolate Flavour Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier: Soya Lecithin]</p>
 <p>Strawberries & Kreme</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Strawberry Icing [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Strawberry Filling [Water, Glucose Syrup, Sugar, Strawberries, Modified Waxy Maize Starch, Strawberry Puree, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Strawberry Flavouring with Other Natural Flavourings, Natural Colours (Fruit and Vegetable Extract (Elderberry, Red Radish), Fruit and Vegetable Concentrate (Hibiscus, Carrot), Preservative (Potassium Sorbate), Thickeners (Xanthan Gum, Locust Bean Gum), Salt], Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], White Chocolate Flavour Lines [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Strawberry Pieces.</p>
 <p>Biscoff®</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Biscoff® Kreme Filling [Sugar, Biscoff® Spread [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Biscoff® Spread Icing [Caramelised Biscuits (Wheat Flour, Sugar, Vegetable Oils (Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithins), Acid (Citric Acid)], Biscoff® Biscuit Topping [Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Cinnamon], White Chocolate Shavings [Sugar, Cocoa Butter, Full Cream Milk Powder, Whey Powder (Milk), Vegetable Oils (Palm, Sal, Shea and Mango Kernels), Emulsifier (Soya Lecithin), Vanilla Flavour].</p>


ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Not suitable for nut allergy sufferers due to manufacturing methods.

INGREDIENT DECLARATIONS

 Mini Original Glazed	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil]
 Mini Chocolate Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil], Chocolate Icing [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Sprinkles [Sugar, Vegetable Oil, Colours (Anthocyanin, Curcumin, Paprika Extract, Beetroot Concentrate), Water, Glucose Syrup, Glazing Agent (Beeswax)]
 Mini Strawberry Sprinkles	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil], Strawberry Flavour Icing [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids))), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Sprinkles [Sugar, Vegetable Oil, Colours (Anthocyanin, Curcumin, Paprika Extract, Beetroot Concentrate), Water, Glucose Syrup, Glazing Agent (Beeswax)]
 Original Glazed Bites	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Stabilisers (Agar, Guar, Locust Bean Gum), Flavouring, Maize Starch, Palm Oil]


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INGREDIENT DECLARATIONS



 <p>Salted Caramel</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Raising Agents (Monocalcium Phosphate), Preservative (Calcium Propionate), Stabilisers (Carboxymethyl Cellulose, Calcium Sulphate), Acidity Regulators (Ammonium Sulphate, Diammonium Phosphate), Flour Treatment Agent (Ascorbic Acid), Anticaking Agent (Tricalcium Phosphate)], Salted Caramel Filling [Water, Sugar, Modified Maize Starch, Glucose Syrup, Palm Oil, Humectant (Glycerol), Salt, Barley Malt Powder, Natural Flavouring, Preservatives (Potassium Sorbate, Sorbic Acid), Stabiliser (Sodium Alginate), Acidity Regulator (Glucono Delta Lactone), Emulsifier (Sorbitan Monostearate)], Caramel Icing [Sugar, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Water, Caramelised Sugar Syrup, Emulsifiers (Mono and diglycerides of fatty acids, Soya Lecithin), Salt, Stabiliser (Agar), Flavouring, Preservative (Potassium Sorbate)], Dark Chocolate Flavour Icing [Sugar, Vegetable Oil, Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], Honeycomb Pieces [Sugar, Glucose Syrup, Raising Agent (Sodium Bicarbonate)], Cocoa Butter.</p>
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INGREDIENT DECLARATIONS – PRETTY LITTLE THING

	<p>Pretty Little Unicorn</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Salt], Strawberry Icing [Sugar, White Icing Base (Shortening (Palm Fat, Rapeseed Oil, Emulsifier (Mono and Diglycerides of Fatty Acids)), Sugar, Dried Glucose Syrup, Palm Fat, Rapeseed Oil, Emulsifiers (Polysorbate 60, Soya Lecithin, Propane-1,2-diol Esters of Fatty Acids), Corn Flour), Water, Stabiliser Base (Sugar, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Natural Flavouring, Colours (Beetroot, Paprika), Salt)], Orange, White and Purple Sugar Decorations [Sugar, Sunflower Oil, Rice Flour, Potato Starch, Colours (Spirulina, Safflower, Lemon, Radish, Blackcurrant, Apple)], Purple Frosting [Vanilla Frosting (Sugar, Vegetable Oils (Rapeseed, Palm), Glucose Syrup, Humectant (Glycerol), Water, Emulsifiers (Mono and Diglycerides of Fatty Acids, Rapeseed Lecithins, Flavouring, Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)), Kreme (Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)), Colour (Anthocyanins)], White Unicorn Horn [Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners (Gum Arabic, Xanthan Gum), Emulsifier (Mono and Diglycerides of Fatty Acids), Humectant (Glycerol)].</p>
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INGREDIENT DECLARATIONS – KITKAT AND NESTLE

	<p>Krumbled</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], KitKat Flavour Truffle Filling [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Chocolate Icing Base [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], KitKat Flavour Concentrate], Blended Chocolate Coating [Sugar, Palm Oil, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin), Natural Flavouring], KitKat Crumb Topping [Wafer Pieces [Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier (Soya Lecithin), Salt], Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Lactose and Proteins from Whey (from Milk), Butter Oil (from Milk), Emulsifier (Sunflower Lecithins), Natural Vanilla Flavouring].</p>
	<p>Bubbly</p>	<p>Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Salt], Peppermint Flavour Truffle Filling [Kreme [Sugar, Vegetable Oil (Palm, Rapeseed), Emulsifiers (Mono and Diglycerides of Fatty Acids, Polysorbate 60, Soya Lecithins, Propane-1,2-Diol Esters Of Fatty Acids), Dried Glucose Syrup, Corn Flour, Water, Salt, Flavouring (Water, Propylene Glycol, Polysorbate 80, Glycerine, Caramel Colour)], Chocolate Icing [Sugar, Water, Fat Reduced Cocoa Powder, Glucose Syrup, Vegetable Oil (Rapeseed, Palm), Emulsifiers (Soya Lecithin, Mono and Diglycerides of Fatty Acids), Salt, Flavouring], Natural Peppermint Flavouring], Chocolate Frosting [Vanilla Frosting [Sugar, Vegetable Oils (Rapeseed, Palm), Glucose Syrup, Humectant (Glycerol), Water, Emulsifiers (Mono and Diglycerides of Fatty Acids, Rapeseed Lecithins, Flavouring, Preservative (Potassium Sorbate), Acidity Regulator (Disodium Phosphate)], Dark Chocolatey Icing [Sugar, Vegetable Oil, Glucose Syrup, Water, Fat Reduced Cocoa Powder, Emulsifiers (Mono and Diglycerides of Fatty Acids, Soya Lecithin), Salt, Preservatives (Potassium Sorbate), Natural Flavouring]], Green Coating [White Coating [Sugar, Palm Oil, Whey Powder (Milk), Emulsifier (Soya Lecithin)], Colours (Copper Chlorophyllin, Curcumin)], Peppermint Aero Bubble [Sugar, Vegetable Fats (Palm, Shea, Mango Kernel, Sal, Sunflower, Coconut, Rapeseed), Whey Powder (Milk), Skimmed Milk Powder, Dried Whole Milk, Cocoa Butter, Cocoa Mass, Butterfat (Milk), Emulsifier (Lecithins), Glazing Agent (Gum Arabic), Glucose Syrup, Natural Flavouring, Colours (Copper Complexes of Chlorophyllins, Curcumin)], Aero Milk Chocolate Chunks [Sugar, Cocoa Mass, Cocoa Butter, Whole Milk Powder, Skimmed Milk Powder, Emulsifier (Lecithins), Natural Vanilla Flavouring].</p>

INGREDIENT DECLARATIONS – HOLY COMMUNION

	Holy Communion	Doughnut [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Palm Oil, Yeast, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Wheat Gluten, Raising Agent (Calcium Phosphates), Stabilisers (Calcium Sulphate, Carboxymethyl Cellulose), Acidity Regulator (Calcium Phosphates), Flour Treatment Agent (Ascorbic Acid, Amylase), Anticaking Agent (Tricalcium Phosphate)], Glaze [Sugar, Water, Flour Treatment Agents (Calcium Sulphate, Disodium Phosphate), Stabilisers (Agar, Locust Bean Gum), Dextrose, Palm Oil, Flavouring (Vanilla), Salt], White Icing [Glucose Syrup, Water, Sugar, Colour (Calcium Carbonate), Maltodextrin, Vegetable Oil (Palm), Whey Powder (Milk), Emulsifier (Acetic Acid Esters of Mono- and Diglycerides of Fatty Acids)], Bronze Chocolate Cross [Sugar, Cocoa Butter, Skimmed Milk Powder, Anhydrous Milk Fat, Emulsifier (Sunflower Lecithin), Natural Flavouring, Safflower Concentrate, Lemon Concentrate, Fat Reduced Cocoa Powder].
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BEVERAGES



	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
MILKSHAKES																					
Strawberry Kreme Shake	YES	NO	YES					✓		✓											
Chocolate Kreme Shake	YES	NO	YES					✓		✓											
Caramel Kreme Shake made with Biscoff®	YES	NO	YES	✓				✓		✓											
Cookie Kreme Shake made with Oreo®	YES	NO	YES	✓				✓		✓											

ALLERGY ADVICE: Please be aware we cannot guarantee that **any** of our products (including drinks) are free from allergens (including cereals containing gluten, milk, eggs, soya and nuts) due to our manufacturing methods.

	Nutrition Per 100 ml									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
MILKSHAKES																			
Strawberry Kreme Shake	579	138	3.7	2.1	23.8	19.4	1.0	2.8	0.16	340 ml	1644	392	10.5	6.0	67.6	55.1	2.8	8.0	0.45
Chocolate Kreme Shake	534	127	3.6	2.0	21.0	18.1	1.2	3.1	0.15	340 ml	1517	361	10.2	5.7	59.6	51.4	3.4	8.7	0.43
Caramel Kreme Shake made with Biscoff®	623	148	4.4	2.4	24.3	20.2	0.7	3.1	0.21	340 ml	1769	420	12.5	6.8	69.0	57.4	2.0	8.8	0.60
Cookie Kreme Shake made with Oreo®	588	140	4.8	2.6	22.0	16.4	1.2	2.9	0.21	340 ml	1670	398	13.6	7.4	62.5	46.6	3.4	8.2	0.60

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
COFFEE CHILLERS																					
Coffee Chiller 12oz	YES	NO	YES							✓											
Coffee Chiller 16oz	YES	NO	YES							✓											
Mocha Chiller 12oz	YES	NO	YES							✓											
Mocha Chiller 16oz	YES	NO	YES							✓											
Caramel Latte Chiller 12oz	YES	NO	YES							✓											
Caramel Latte Chiller 16oz	YES	NO	YES							✓											
ICED COFFEE																					
Iced Coffee 12oz	YES	NO	YES							✓											
Iced Coffee 16oz	YES	NO	YES							✓											
Iced Mocha 12oz	YES	NO	YES							✓											
Iced Mocha 16oz	YES	NO	YES							✓											
Caramel Iced Coffee 12oz	YES	NO	YES							✓											
Caramel Iced Coffee 16oz	YES	NO	YES							✓											

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	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
COFFEE CHILLERS																			
Coffee Chiller 12oz	299	71	1.2	0.8	13.7	6.4	0.1	1.3	0.04	340 ml	934	221	3.9	2.4	42.7	19.9	0.2	4.0	0.13
Coffee Chiller 16oz	327	77	1.2	0.7	15.5	7.1	0.1	1.2	0.05	455 ml	1328	314	4.7	3.0	63.0	28.6	0.3	4.9	0.19
Mocha Chiller 12oz	375	89	1.2	0.7	18.0	10.6	0.1	1.3	0.05	340 ml	1183	279	3.8	2.4	56.7	33.6	0.2	4.1	0.15
Mocha Chiller 16oz	439	104	1.1	0.7	21.7	13.4	0.1	1.3	0.06	455 ml	1844	435	4.8	3.1	91.3	56.4	0.3	5.4	0.25
Caramel Latte Chiller 12oz	382	90	1.3	0.8	18.2	10.5	0.1	1.1	0.06	340 ml	1204	284	4.2	2.7	57.5	33.1	0.2	3.4	0.18
Caramel Latte Chiller 16oz	393	93	1.2	0.8	19.3	10.3	0.1	1.0	0.06	455 ml	1572	371	4.7	3.1	77.2	41.3	0.3	4.1	0.25
ICED COFFEE																			
Iced Coffee 12oz	147	35	0.1	0.1	7.1	6.7	0.1	1.4	0.01	340 ml	505	120	0.4	0.2	24.5	23.2	0.2	4.9	0.02
Iced Coffee 16oz	192	46	0.1	0.1	9.8	9.3	0.1	1.4	0.01	455 ml	834	199	0.6	0.3	42.7	40.5	0.4	6.0	0.03
Iced Mocha 12oz	148	35	0.3	0.2	6.4	6.0	0.1	1.6	0.01	340 ml	509	120	0.9	0.5	22.1	20.5	0.2	5.6	0.04
Iced Mocha 16oz	198	47	0.4	0.2	8.9	8.3	0.1	1.7	0.02	455 ml	858	203	1.6	0.9	38.7	36.0	0.4	7.4	0.08
Caramel Iced Coffee 12oz	140	33	0.1	0.1	6.6	6.2	0.1	1.4	0.01	340 ml	480	114	0.4	0.2	22.8	21.5	0.2	4.9	0.02
Caramel Iced Coffee 16oz	184	44	0.1	0.1	9.2	8.7	0.1	1.4	0.01	455 ml	799	191	0.6	0.3	40.0	37.9	0.4	6.0	0.04

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS – OAT MILK																					
Flat White 8oz	YES	YES	YES				✓														
Latte 12oz	YES	YES	YES				✓														
Latte 16oz	YES	YES	YES				✓														
Cappuccino 12oz	YES	YES	YES				✓														
Cappuccino 16oz	YES	YES	YES				✓														
Mocha 12oz	YES	YES	YES				✓														
Mocha 16oz	YES	YES	YES				✓														
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	YES	YES				✓														
White Americano 16oz	YES	YES	YES				✓														
Hot Chocolate 12oz	YES	YES	YES				✓														
Hot Chocolate 16oz	YES	YES	YES				✓														
Tea	YES	YES	YES				✓														

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	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS – OAT MILK																			
Flat White 8oz	193	46	2.1	0.3	6.1	2.6	0.1	0.5	0.08	227 ml	355	85	3.9	0.6	11.2	4.8	0.2	0.9	0.14
Latte 12oz	212	51	2.4	0.3	6.7	3.0	0.1	0.4	0.08	340 ml	565	136	6.5	0.9	17.8	8.0	0.2	1.2	0.23
Latte 16oz	214	51	2.4	0.3	6.7	3.0	0.1	0.5	0.08	455 ml	857	206	9.8	1.3	26.9	12.0	0.4	1.9	0.34
Cappuccino 12oz	223	54	2.4	0.3	7.2	3.5	0.2	0.5	0.08	340 ml	600	144	6.6	0.9	19.4	9.3	0.5	1.3	0.23
Cappuccino 16oz	221	53	2.5	0.3	7.1	3.3	0.2	0.5	0.08	455 ml	891	214	9.9	1.4	28.5	13.3	0.6	2.0	0.34
Mocha 12oz	356	85	2.5	0.5	13.8	9.1	1.1	1.1	0.08	340 ml	1050	250	7.5	1.5	40.6	26.7	3.2	3.2	0.23
Mocha 16oz	357	85	2.6	0.5	13.8	9.1	1.1	1.1	0.08	455 ml	1583	378	11.4	2.3	61.1	40.1	4.9	5.0	0.35
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	73	17	0.7	0.2	1.9	0.9	0.2	0.8	0.06	340 ml	179	41	1.8	0.6	4.7	2.1	0.4	1.9	0.16
White Americano 16oz	57	13	0.5	0.2	1.4	0.6	0.1	0.6	0.05	455 ml	196	46	1.9	0.7	5.0	2.2	0.5	2.0	0.19
Hot Chocolate 12oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	340 ml	1010	241	7.5	1.5	39.2	26.6	3.0	2.7	0.21
Hot Chocolate 16oz	430	102	3.2	0.6	16.7	11.3	1.3	1.1	0.09	455 ml	1517	361	11.2	2.2	58.8	40.0	4.5	4.0	0.32
Tea (with oat milk)	33	8	0.4	0.1	1.0	0.5	0.0	0.0	0.01	340 ml	114	27	1.4	0.2	3.6	1.7	0.0	0.1	0.05

Product Description	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
HOT DRINKS - SKIMMED MILK, SEMI SKIMMED MILK, WHOLE MILK																					
Flat White 8oz	YES	NO	YES							✓											
Latte 12oz	YES	NO	YES							✓											
Latte 16oz	YES	NO	YES							✓											
Cappuccino 12oz	YES	NO	YES							✓											
Cappuccino 16oz	YES	NO	YES							✓											
Mocha 12oz	YES	NO	YES							✓											
Mocha 16oz	YES	NO	YES							✓											
Black Americano 12oz	YES	YES	YES																		
Black Americano 16oz	YES	YES	YES																		
White Americano 12oz	YES	NO	YES							✓											
White Americano 16oz	YES	NO	YES							✓											
Hot Chocolate 12oz	YES	NO	YES							✓											
Hot Chocolate 16oz	YES	NO	YES							✓											
Tea	YES	NO	YES							✓											

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Date of Issue: 17/04/24

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - SKIMMED MILK																			
Flat White 8oz	119	28	0.2	0.1	4.0	3.3	0.1	2.7	0.01	227 ml	218	52	0.4	0.2	7.4	6.1	0.2	4.9	0.02
Latte 12oz	126	30	0.3	0.1	4.3	3.8	0.1	2.9	0.01	340 ml	338	80	0.7	0.3	11.4	10.1	0.2	7.8	0.02
Latte 16oz	128	30	0.3	0.1	4.3	3.8	0.1	3.0	0.01	455 ml	515	122	1.1	0.5	17.2	15.1	0.4	11.8	0.03
Cappuccino 12oz	138	33	0.3	0.1	4.8	4.2	0.2	2.9	0.01	340 ml	372	88	0.8	0.4	13.0	11.4	0.5	7.9	0.02
Cappuccino 16oz	136	32	0.3	0.1	4.7	4.1	0.2	3.0	0.01	455 ml	549	130	1.2	0.5	18.9	16.4	0.6	12.0	0.03
Mocha 12oz	279	66	0.6	0.3	11.6	9.8	1.1	3.3	0.01	340 ml	822	195	1.7	1.0	34.2	28.8	3.2	9.8	0.02
Mocha 16oz	280	66	0.6	0.3	11.6	9.8	1.1	3.4	0.01	455 ml	1241	294	2.7	1.5	51.5	43.2	4.9	14.9	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	53	12	0.2	0.2	1.3	1.0	0.2	1.4	0.04	340 ml	130	29	0.5	0.5	3.3	2.6	0.4	3.4	0.11
White Americano 16oz	43	10	0.2	0.2	1.0	0.8	0.1	1.0	0.04	455 ml	147	34	0.6	0.6	3.6	2.7	0.5	3.5	0.14
Hot Chocolate 12oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	340 ml	782	185	1.7	0.9	32.8	28.7	3.0	9.3	0.01
Hot Chocolate 16oz	333	79	0.7	0.4	13.9	12.2	1.3	4.0	0.00	455 ml	1174	278	2.5	1.4	49.2	43.1	4.5	14.0	0.01
Tea (with skimmed milk)	19	4	0.0	0.0	0.6	0.6	0.0	0.5	0.00	340 ml	65	15	0.1	0.1	2.2	2.2	0.0	1.6	0.00

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - SEMI SKIMMED MILK																			
Flat White 8oz	153	36	1.2	0.8	4.0	3.2	0.1	2.7	0.01	227 ml	281	67	2.2	1.4	7.3	5.9	0.2	4.9	0.02
Latte 12oz	166	39	1.3	0.9	4.2	3.7	0.1	2.9	0.01	340 ml	443	105	3.6	2.3	11.2	9.8	0.2	7.8	0.02
Latte 16oz	168	40	1.4	0.9	4.2	3.7	0.1	3.0	0.01	455 ml	673	159	5.5	3.4	16.9	14.8	0.4	11.8	0.03
Cappuccino 12oz	178	42	1.4	0.9	4.8	4.2	0.2	2.9	0.01	340 ml	478	113	3.7	2.3	12.8	11.2	0.5	7.9	0.02
Cappuccino 16oz	176	42	1.4	0.9	4.6	4.0	0.2	3.0	0.01	455 ml	708	167	5.5	3.5	18.6	16.1	0.6	12.0	0.03
Mocha 12oz	314	74	1.6	1.0	11.5	9.7	1.1	3.3	0.01	340 ml	928	219	4.6	2.9	34.0	28.6	3.2	9.8	0.02
Mocha 16oz	316	75	1.6	1.0	11.5	9.7	1.1	3.4	0.01	455 ml	1400	331	7.0	4.4	51.2	42.9	4.9	14.9	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	62	14	0.5	0.4	1.3	1.0	0.2	1.4	0.04	340 ml	153	35	1.2	0.9	3.2	2.5	0.4	3.4	0.11
White Americano 16oz	49	12	0.4	0.3	1.0	0.8	0.1	1.0	0.04	455 ml	170	40	1.3	1.0	3.5	2.6	0.5	3.5	0.14
Hot Chocolate 12oz	378	89	1.9	1.2	13.9	12.1	1.3	4.0	0.00	340 ml	888	210	4.6	2.9	32.5	28.5	3.0	9.3	0.01
Hot Chocolate 16oz	378	89	1.9	1.2	13.8	12.1	1.3	4.0	0.00	455 ml	1333	315	6.8	4.3	48.8	42.8	4.5	14.0	0.01
Tea (with SS milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (ml)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
HOT DRINKS - WHOLE MILK																			
Flat White 8oz	200	48	2.5	1.6	3.9	3.2	0.1	2.6	0.01	227 ml	368	88	4.5	2.9	7.1	5.8	0.2	4.8	0.02
Latte 12oz	220	52	2.8	1.8	4.1	3.6	0.1	2.8	0.01	340 ml	588	140	7.5	4.8	11.0	9.6	0.2	7.6	0.02
Latte 16oz	222	53	2.8	1.8	4.1	3.6	0.1	2.9	0.01	455 ml	891	212	11.4	7.2	16.6	14.5	0.4	11.5	0.03
Cappuccino 12oz	232	55	2.8	1.8	4.7	4.1	0.2	2.9	0.01	340 ml	623	148	7.6	4.8	12.6	11.0	0.5	7.7	0.02
Cappuccino 16oz	230	55	2.8	1.8	4.5	3.9	0.2	2.9	0.01	455 ml	926	220	11.5	7.3	18.2	15.8	0.6	11.7	0.03
Mocha 12oz	364	86	2.9	1.8	11.5	9.6	1.1	3.3	0.01	340 ml	1073	255	8.5	5.4	33.8	28.4	3.2	9.6	0.02
Mocha 16oz	365	87	2.9	1.8	11.5	9.6	1.1	3.3	0.01	455 ml	1618	384	12.9	8.2	50.8	42.6	4.9	14.6	0.04
Black Americano 12oz	18	4	0.1	0.1	0.3	0.1	0.1	0.5	0.03	340 ml	65	14	0.4	0.4	1.1	0.4	0.4	1.8	0.11
Black Americano 16oz	17	4	0.1	0.1	0.3	0.1	0.1	0.4	0.03	455 ml	82	19	0.5	0.5	1.4	0.5	0.5	1.9	0.14
White Americano 12oz	75	17	0.8	0.6	1.3	1.0	0.2	1.4	0.04	340 ml	184	42	2.0	1.4	3.2	2.5	0.4	3.3	0.11
White Americano 16oz	58	14	0.6	0.4	1.0	0.7	0.1	1.0	0.04	455 ml	201	47	2.1	1.5	3.5	2.6	0.5	3.4	0.14
Hot Chocolate 12oz	440	104	3.6	2.3	13.8	12.0	1.3	3.9	0.00	340 ml	1033	245	8.5	5.4	32.3	28.3	3.0	9.1	0.01
Hot Chocolate 16oz	439	104	3.6	2.3	13.7	12.0	1.3	3.9	0.00	455 ml	1551	368	12.8	8.1	48.5	42.4	4.5	13.6	0.01
Tea (with whole milk)	25	6	0.2	0.1	0.6	0.6	0.0	0.5	0.00	340 ml	88	21	0.8	0.5	2.1	2.1	0.0	1.6	0.00

	Dietary Choices			Cereals containing Gluten				Allergen Present / Contains													
Product Description	Suitable for vegetarians	Vegan Suitable	Suitable for Halal	Wheat	Rye	Barley	Oat	Soya	Egg / Egg Products	Milk / Milk Products	Sulphites above 10ppm	Sesame	Crustaceans	Fish	Lupin	Molluscs	Mustard	Celery	Peanut	Tree Nuts / Nut Derivatives	Tree Nut Source (if present)
ICE CREAM, TOPPINGS & SAUCES																					
Ice Cream	YES	NO	YES							✓											
Ice Cream & OG	YES	NO	YES	✓				✓	✓	✓											
Ice Cream & Bites	YES	NO	YES	✓				✓	✓	✓											
Caramel Sauce – 1 pump	YES	NO	YES							✓											
Dark Choc Sauce – 1 pump	YES	NO	YES																		
Shortbread Pieces	YES	NO	YES	✓						✓											

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	Nutrition Per 100g									Nutrition Per Portion									
Product Description	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Average Portion weight (g)	Energy - kJ	Energy - kcal	Fat (g)	Of Which Saturates (g)	Carbohydrate (g)	Of Which Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
ICE CREAM, TOPPINGS & SAUCES																			
Ice Cream	630	150	6.5	3.5	19.0	19.0	0.0	3.9	0.1	160g	1008	240	10.4	5.6	30.4	30.4	0	6.2	0.2
Ice Cream & OG	1085	259	10.9	5.4	34.8	21.4	1.1	4.9	0.28	112g	1216	290	12.2	6.0	39.0	24.0	1.2	5.5	0.31
Ice Cream & Bites	881	210	9.2	4.9	27.0	21.7	0.3	4.9	0.17	160g	1410	336	14.8	7.8	43.2	34.7	0.5	7.8	0.28
Caramel Sauce – 1 pump	1600	378	4.7	3.2	79.3	71.5	0.0	0.0	0.29	15ml	312	74	0.9	0.6	15.5	13.9	0.0	0.0	0.06
Dark Choc Sauce – 1 pump	1492	352	2.6	1.6	75.4	74.1	0.0	3.5	0.13	15ml	291	69	0.5	0.3	14.7	14.4	0.0	0.7	0.03
Shortbread Pieces	2070	494	24.3	15.3	61.1	14.0	1.8	6.9	0.50	5g	104	25	1.2	0.8	3.1	0.7	0.1	0.3	0.03