

	Nutritional Information									Ingredients					Allergen Information
	Serving Size	Energy	Protein	Carbohydrates		Fat total	Fibre	Sodium	Doughnut	Filling	Glaze	Icing	Topping		
				Of which sugars	Of Which Saturates										
Original Glazed	52g	905kj	3g	22g	10g	13g	7g	2g	0.14g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	N/A	N/A	
	100g	1740kj	6g	43g	19g	25g	14g	4g	0.26g						217cal
Glazed Raspberry	86g	1288 kj	5g	40g	20g	14g	8g	3g	\$	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	Sugar, Glucose Syrup, Water, Raspberry Puree Concentrate (1.08%), Acidity Regulators (E330, E331), Gelling Agent (E440), Preservative (E202), Flavouring, Natural Plant & Vegetable Concentrates, Natural Colour	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	N/A	N/A	
	100g	1498kj	6g	47g	23g	16g	9g	4g	0.16g						307cal
Chocolate Iced Ring	66g	1131kj	3g	34g	20g	13g	8g	2g	0.14g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	Sugar, Water, Vegetable Oil, Fat Reduced Cocoa Powder (32%), Dried Glucose Syrup, Emulsifiers (E322, E471), Salt, Flavouring	N/A	
	100g	1715kj	5g	51g	30g	20g	12g	3g	0.21g						270cal
Chocolate Sprinkles	71g	1214kj	4g	42g	26g	12g	6g	1g	0.14g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	Sugar, Water, Vegetable Oil, Fat Reduced Cocoa Powder (32%), Dried Glucose Syrup, Emulsifiers (E322, E471), Salt, Flavouring	Sugar, water, glucose syrup, glazing agents (vegetable oil, beeswax), colourants (E100, E160c, E162, E163).	
	100g	1710kj	5g	59g	37g	17g	9g	2g	0.2g						289kcal
Lemon Meringue Pie	82.5g	1205kj	5g	33g	16g	15g	7g	3g	0.23g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	Lemon Filling (22.5%): Water, Sugar, Glucose Syrup, Lemon (4%), Modified Waxy Maize Starch, Lemon Juice Concentrate (4%), Palm Oil, Acidity Regulators (E331, E330), Emulsifier (E435), Flavouring, Agar, Preservative (E202), Salt, Natural Colours. Kreme Flavour Filling: Sugar, Vegetable Oil, Vegetable Shortening (Vegetable Oils, Emulsifier (E471)), Water, Dried Glucose Syrup, Salt, Emulsifiers (E471, E435, E322, E477, E475), Flavouring.	N/A	Sugar, Powdered Egg, Modified Starch, Citric Acid, Natural Flavouring	N/A	
	100g	1460kj	6g	40g	19g	18g	8g	3g	0.28g						289kcal
Chocolate Kreme	87g	1421kj	5g	41g	17g	17g	9g	3g	0.2g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	Sugar, Vegetable Oil, Vegetable Shortening (Vegetable Oils, Emulsifier (E471)), Water, Dried Glucose Syrup, Salt, Emulsifiers (E471, E435, E322, E477, E475), Flavouring.	N/A	Sugar, Water, Vegetable Oil, Fat Reduced Cocoa Powder (32%), Dried Glucose Syrup, Emulsifiers (E322, E471), Salt, Flavouring	N/A	
	100g	1633kj	6g	47g	20g	20g	10g	4g	0.23g						339cal
Glazed Chocolate Cake	80g	1299kj	3g	44g	30g	14g	7g	2g	0.22g	Wheat Flour, Sugar, Water, Vegetable Oil (Palm Oil, Sunflower Oil), Cocoa (5%), Egg Yolk Solids, Modified Starch, Raising Agents (E500, E450(a), E450), Whey Powder, Vegetable Oil, Skimmed Milk Powder, Dextrose, Salt, Stabiliser (E466), Preservative (E282), Emulsifier (E471), Flavourings, Maltodextrin, Corn Starch.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	N/A	N/A	
	100g	1624kj	4g	55g	38g	17g	9g	3g	0.28g						309cal
Maple Iced Ring	66g	1164kj	3g	32g	17g	15g	8g	2g	0.12g	Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	Sugar, Shortening (Vegetable Oil, Emulsifier (E471)), Glucose Syrup, Water, Whey Powder, Burnt Sugar, Natural Colour (E150c), Emulsifiers (E471, E435), Flavouring, Preservative (E202), Citric Acid, Fat Reduced Cocoa Powder.	N/A	
	100g	1764kj	5g	49g	26g	23g	12g	3g	0.18g						279cal
Glazed Cruller	54g	1061kj	2g	26g	15g	16g	9g	2g	0.31g	Wheat Flour, Sugar, Water, Vegetable Oil (Palm Oil, Sunflower Oil), Egg Yolk Solids, Raising Agents (E450(a), E500), Whey Powder, Skimmed Milk Powder, Dextrose, Salt, Preservative (E282), Emulsifier (E475), Stabiliser (E466), Flavourings, Starch.	N/A	Sugar, Water, Acidity Regulators (E170, E339), Thickeners (E406, E410), Emulsifier (E491), Corn Starch, Salt, Flavourings.	N/A	N/A	
	100g	1965kj	4g	49g	28g	29g	16g	3g	0.37g						254cal

Contains: Wheat, Eggs, Milk, Soya, Lupin. May contain: Nuts, Sulphites. Doughnuts Contain: Antioxidants, Colours, Flavourings and Preservatives.

Millionaires Shortbread	<table border="1"> <tr> <td>90g</td> <td>1620kJ</td> <td>5g</td> <td>42g</td> <td>23g</td> <td>22g</td> <td>11g</td> <td>2g</td> <td>0.24g</td> </tr> <tr> <td colspan="9" style="text-align: center;">389kcal</td> </tr> <tr> <td>100g</td> <td>1800kJ</td> <td>6g</td> <td>47g</td> <td>25g</td> <td>24g</td> <td>12g</td> <td>2.5g</td> <td>0.27g</td> </tr> <tr> <td colspan="9" style="text-align: center;">432kcal</td> </tr> </table>	90g	1620kJ	5g	42g	23g	22g	11g	2g	0.24g	389kcal									100g	1800kJ	6g	47g	25g	24g	12g	2.5g	0.27g	432kcal									<p>Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.</p>	<p>Caramel Sauce Filling: Sugar, Sweetened Condensed Milk (20%), Water, Glucose Syrup, Maltose, Palm Oil, Dextrose, Fructose, Unsalted Butter (8%), Caramelised Sugar Syrup, Salt, Gelling Agent (E440), Natural Flavouring.</p> <p>Chocolate Flavour Filling: Water, Glucose Syrup, Sugar, Dextrose, Skimmed Condensed Milk, Vegetable Oil (Palm), Glycerine, Cocoa Powder (4%), Stabiliser (Modified Waxy Maize Starch), Salt, Flavouring, Emulsifier (E471), Preservative (E202).</p>	<p style="text-align: center;">N/A</p>	<p>Chocolate Icing: Sugar, Water, Vegetable Oil, Fat Reduced Cocoa Powder (32%), Dried Glucose Syrup, Emulsifiers (E322, E471), Salt, Flavouring</p>	<p>Gold Dusting Powder: E555, E171, E172</p> <p>Shortcake Crumble: Wheatflour, Sugar, Margarine (Vegetable Oil/Fat Blend, Water, Salt, Citric Acid), Natural Butter Flavouring, Salt</p>
90g	1620kJ	5g	42g	23g	22g	11g	2g	0.24g																																		
389kcal																																										
100g	1800kJ	6g	47g	25g	24g	12g	2.5g	0.27g																																		
432kcal																																										
Double Chocolate Cheesecake	<p style="text-align: center;">Nutritional information not available</p>	<p>Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.</p>	<p>Filling (19%): (Cheesecake filling (92%) (Sugar Cream Cheese (20%) Butter, Humectant: (Sorbitol), Natural Flavouring, Water, Acid: (E270), Preservative: (E202)) (Chocolate Compound (8%) (Glucose-Fructose Syrup, Sugar, Skimmed Cocoa Powder (15%), Water, Natural Flavourings.)</p>	<p>Dark Chocolate Icing: (13%) (Belgian Dark Chocolate (37%) (Cocoa Liquor, Sucrose, Fat-reduced Cocoa powder, Cocoa Butter, Emulsifier: Soya Lecithin, Flavour), Water, Sugar, Sorbitol, Vegetable Fat, Caramelised Sugar Syrup, Glucose Syrup, Emulsifier: Soya Lecithin, Preservative (E202).)</p> <p>White Chocolate Icing: (Sugar, White Chocolate (Sugar, Belgian White chocolate, Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier: Soya Lecithin, Flavouring), Vegetable Oil, Water, Wheat Starch, Emulsifiers: (E435, E472c, E473), Colour: (E171), Natural Flavouring, Gelling Agent: (Agar), Preservative: (E202).)</p>	<p style="text-align: center;">N/A</p>	<p style="text-align: center;">N/A</p>																																				
Raspberry White Chocolate Cheesecake	<p style="text-align: center;">Nutritional information not available</p>	<p>Wheat Flour, Dextrose, Vegetable Oil (Palm Oil, Sunflower Oil), Water, Sugar, Wheat Gluten, Egg Yolks, Yeast, Skimmed Milk, Salt, Emulsifiers (E471), Preservative (E282), Stabiliser (E466), Flavourings.</p>	<p>Filling (19%): (Cheesecake filling (92%) (Sugar Cream Cheese (20%) Butter, Humectant: (Sorbitol), Natural Flavouring, Water, Acid: (E270), Preservative: (E202)) (Raspberry Compound (8%) : (Sugar, Raspberry (26%), Glucose-Fructose Syrup, Beetroot Juice Concentrate, Concentrated Cherry Juice, Modified Starch, Acidifier: (E330), Acidity Regulator (E331).)</p>	<p>White Chocolate Icing: (Sugar, White Chocolate (Sugar, Belgian White Chocolate, Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier: Soya Lecithin, Flavouring), Vegetable Oil, Water, Wheat Starch, Emulsifiers: (E435, E472c, E473), Colour: (E171), Natural Flavouring, Gelling Agent: (Agar), Preservative: (E202).)</p> <p>Raspberry sauce decoration: Sugar, Glucose Syrup, Water, Raspberry Puree Concentrate (1.00%), Acidity Regulators (E330, E331), Gelling Agent (E440), Preservative (E202), Flavouring, Natural Plant & Vegetable Concentrates, Natural Colour.)</p>	<p style="text-align: center;">N/A</p>	<p style="text-align: center;">N/A</p>																																				